

# Individual Best Times (All Time)

Freya Woodhams - (1376166) - Sutton & Cheam SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.12	33.50	331	02/06/24	Wandsworth SC Summer Meet 2024	Crawley	LR241043	3
100 Freestyle	1:18.24	1:17.20	288	02/06/24	Wandsworth SC Summer Meet 2024	Crawley	LR241043	3
50 Butterfly	37.54	37.00	275	02/06/24	Wandsworth SC Summer Meet 2024	Crawley	LR241043	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.78	35.40	286	17/03/24	Cranleigh ASC Mavis Godfrey Spring Open Meet 2024	Cranleigh	SE240282	3
100 Freestyle	1:17.31	1:18.40	274	22/06/24	Sutton & Cheam Summertime Splash 2024	Carshalton, Surrey	LR241283	3
50 Breaststroke	47.07	47.70	218	25/09/22	Sutton & Cheam Inter-Club Invitational Meet	Carshalton	LR220952	4
100 Breaststroke	1:41.10	1:42.30	234	25/11/23	London Borough of Sutton Annual Swim Champs 2023	Carshalton	LR232228	4
50 Butterfly	37.46	38.00	275	22/06/24	Sutton & Cheam Summertime Splash 2024	Carshalton, Surrey	LR241283	3
50 Backstroke	40.51	41.00	242	23/06/24	Sutton & Cheam Summertime Splash 2024	Carshalton, Surrey	LR241283	3
100 Individual Medley	1:27.36	1:27.40	270	17/03/24	Cranleigh ASC Mavis Godfrey Spring Open Meet 2024	Cranleigh	SE240282	3