

Individual Best Times (All Time)

Oliver Russell - (1373184) - Beau Sejour Barracuda SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.12	27.90	410	11/06/23	The Beau Sejour Barracudas 33rd Open Meet 2023	Amherst, Guernsey	SE230902	3
100 Freestyle	1:01.09	1:02.40	395	10/06/23	The Beau Sejour Barracudas 33rd Open Meet 2023	Amherst, Guernsey	SE230902	3
200 Freestyle	2:44.60	2:46.70	220	24/10/20	Beau Sejour Barracudas LBG The Oak Series	Guernsey	SE200652	4
400 Freestyle	5:54.16	5:58.10	215	06/11/19	Beau Sejour Barracudas Oak Series 2019	Guernsey	SE191296	4
50 Breaststroke	33.80	34.70	402	11/06/23	The Beau Sejour Barracudas 33rd Open Meet 2023	Amherst, Guernsey	SE230902	3
100 Breaststroke	1:18.57	1:20.20	348	23/10/22	Calligo Tigers (Jersey) SC 41st October Open Meet	Les Quennevais	SE221020	3
200 Breaststroke	2:57.57	3:00.50	309	03/04/22	Channel Island Championships 2022	Les Quennevais	SE220456	3
50 Butterfly	31.68	32.30	323	04/03/23	Guernsey GASA 50 & 100 Sprint Gala 2023	Amherst, Guernsey	SE230662	3
50 Backstroke	33.48	34.10	288	05/03/22	Guernsey ASA 50m Sprint Gala	Beau Sejour	SE220564	4
100 Backstroke	1:11.83	1:12.90	304	02/04/22	Channel Island Championships 2022	Les Quennevais	SE220456	3
200 Backstroke	2:52.28	2:54.20	230	16/10/21	The Oak Series 2021	Guernsey	SE210020	4
200 Individual Medley	2:35.84	2:38.40	348	12/06/22	The Beau Sejour Barracudas 32nd Open Meet	Beau Sejour	SE220938	3
100 Individual Medley	1:11.95	1:12.00	321	10/06/22	The Beau Sejour Barracudas 32nd Open Meet	Beau Sejour	SE220938	3