

# Individual Best Times (All Time)

Eloise Collins - (1370779) - West Norfolk Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.16	30.50	435	06/04/24	Derby Excel April Meet	Sheffield	EM240430	1
100 Freestyle	1:05.79	1:04.50	485	03/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
200 Freestyle	2:25.89	2:23.50	462	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
400 Freestyle	5:42.66	5:38.50	324	29/01/23	Norfolk County Championships 2023	Norwich	ER230194	1
50 Breaststroke	37.22	36.40	480	04/05/24	Swim England East Region LC Championships 2024	Norwich	ER240237	1
100 Breaststroke	1:22.94	1:21.40	462	06/04/24	Derby Excel April Meet	Sheffield	EM240430	1
200 Breaststroke	2:58.91	2:55.90	454	20/04/24	Swim England East Region LC Championships 2024	Luton	ER240236	1
50 Butterfly	34.16	33.60	365	22/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
100 Butterfly	1:23.58	1:22.70	292	05/02/23	Norfolk County Championships 2023	Norwich	ER230195	1
50 Backstroke	39.69	39.20	309	28/01/23	Norfolk County Championships 2023	Norwich	ER230194	1
100 Backstroke	1:26.46	1:25.50	291	05/03/23	CONSC March LC Open Meet 2023	Sportspark	ER230010	3
200 Backstroke	3:01.63	2:59.80	311	05/02/23	Norfolk County Championships 2023	Norwich	ER230195	1
200 Individual Medley	2:43.53	2:41.10	458	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.51	31.20	424	15/07/23	West Norfolk Club Championships 2023	King's Lynn	ER231201	4
100 Freestyle	1:04.38	1:05.70	475	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
200 Freestyle	2:20.36	2:22.80	485	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
400 Freestyle	5:16.88	5:21.30	388	15/07/23	West Norfolk Club Championships 2023	King's Lynn	ER231201	4
800 Freestyle	10:42.38	10:51.30	410	13/07/23	West Norfolk Club Championships 2023	King's Lynn	ER231201	4
50 Breaststroke	36.94	37.80	452	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Breaststroke	1:20.77	1:22.30	460	09/06/24	Swim England Norfolk Inter Club Gala 2024	Norwich	ER240910	2
200 Breaststroke	2:54.62	2:57.60	457	23/03/24	Norwich Swan Open Meet 2024	Norwich	ER240463	3
50 Butterfly	34.16	34.70	363	23/03/24	Norwich Swan Open Meet 2024	Norwich	ER240463	3
100 Butterfly	1:16.31	1:17.30	355	24/03/24	Norwich Swan Open Meet 2024	Norwich	ER240463	3
200 Butterfly	3:22.21	3:23.80	206	26/06/22	Norfolk ASA County Challenge Gala	Dereham	ER221191	3
50 Backstroke	37.15	37.70	313	25/06/23	Swim England Norfolk County Challenge 2023	Dereham	ER231032	3
100 Backstroke	1:20.65	1:21.60	315	03/12/22	Great Yarmouth SC Winter Wipeout 2022	Norwich	ER221515	3
200 Backstroke	2:52.12	2:54.00	329	16/07/22	West Norfolk SC Club Championships 2022	Kings Lynn	ER221172	4
200 Individual Medley	2:37.08	2:39.60	466	23/03/24	Norwich Swan Open Meet 2024	Norwich	ER240463	3
400 Individual Medley	5:54.08	5:59.00	391	14/07/23	West Norfolk Club Championships 2023	King's Lynn	ER231201	4
100 Individual Medley	1:16.61	1:16.60	401	29/07/23	Norwich Swan & Great Yarmouth SC Summer Sprints	Norwich	ER231160	3