

Individual Best Times (All Time)

Keisha Mcfarlane - (1369711) - Walsall Swim and Water Polo Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.20	28.50	528	21/01/24	Staffordshire ASA County Championships 2024	Sandwell	WM240059	1
100 Freestyle	1:04.13	1:02.80	524	10/03/24	NOVA Centurion March National Qualifier 2024	Nottingham	EM240290	1
200 Freestyle	2:20.98	2:18.50	512	25/05/24	City of Sheffield SS No Frills 2024	Sheffield	NE240260	3
400 Freestyle	4:57.79	4:53.00	493	07/04/24	Derby Excel April Meet	Sheffield	EM240430	1
50 Butterfly	30.82	30.20	498	05/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
100 Butterfly	1:11.38	1:10.30	469	06/04/24	Derby Excel April Meet	Sheffield	EM240430	1
50 Backstroke	34.68	34.10	464	10/03/24	NOVA Centurion March National Qualifier 2024	Nottingham	EM240290	1
100 Backstroke	1:26.50	1:25.60	291	26/05/24	City of Sheffield SS No Frills 2024	Sheffield	NE240260	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.02	28.80	548	05/11/23	SE West Midlands Winter Championships 2023	Sandwell	WM232038	2
100 Freestyle	1:03.03	1:04.30	506	05/11/23	SE West Midlands Winter Championships 2023	Sandwell	WM232038	2
200 Freestyle	2:18.19	2:20.70	508	26/11/23	Wolverhampton SC Winter Open Meet 2023	Wolverhampton	WM231831	3
400 Freestyle	4:55.23	4:59.90	480	11/02/24	Staffordshire ASA County Championships 2024	Stafford	WM240060	2
800 Freestyle	10:13.87	10:23.20	470	06/01/24	Walsall S&WPC L4 County Qual & Winter TT 2023/24	Walsall	WM240192	4
1500 Freestyle	20:14.32	20:31.20	418	21/12/23	Walsall S&WPC L4 County Qual & Winter TT 2023/24	Walsall	WM232544	4
50 Breaststroke	41.75	42.50	313	16/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
50 Butterfly	30.26	30.90	522	16/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
100 Butterfly	1:10.39	1:11.50	452	25/11/23	Wolverhampton SC Winter Open Meet 2023	Wolverhampton	WM231831	3
50 Backstroke	34.74	35.30	383	23/09/23	City of Stoke-on-Trent Derek Taylor Memorial Meet	Fenton Manor	WM230904	3
100 Backstroke	1:15.00	1:16.10	392	06/01/24	Walsall S&WPC L4 County Qual & Winter TT 2023/24	Walsall	WM240192	4
200 Backstroke	2:59.40	3:01.30	291	20/06/21	Bilston	Bert Williams	LEX2165	0
200 Individual Medley	2:49.59	2:51.90	371	12/06/22	City of Birmingham Summer Open Meet	Birmingham	WM220190	3
100 Individual Medley	1:16.05	1:16.10	410	02/10/22	Chase Roebuck Level 3 Open Meet 2022	Walsall	WM221525	3