

Individual Best Times (All Time)

Natasha Busby - (1368807) - Aqua Force Swimming Academy Hart

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.40	30.70	425	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
100 Freestyle	1:10.12	1:08.90	401	02/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	NE230413	1
200 Freestyle	2:48.54	2:46.50	300	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Breaststroke	44.05	43.30	290	01/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	NE230413	1
100 Breaststroke	1:37.83	1:36.50	281	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Butterfly	33.32	32.70	394	02/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	NE230413	1
50 Backstroke	38.08	37.50	350	03/07/22	City of Sunderland ASC Summer Splash 2022	Sunderland	NE221159	3
100 Backstroke	1:28.06	1:27.10	275	02/07/22	City of Sunderland ASC Summer Splash 2022	Sunderland	NE221159	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.75	31.40	414	11/06/23	Middlesbrough ASC June 2023 Meet	Middlesbrough	NE230452	3
100 Freestyle	1:09.65	1:10.80	375	11/03/23	Middlesbrough ASC March 2023 Meet	Middlesbrough	NE230451	3
200 Freestyle	2:39.85	2:42.00	328	11/03/23	Middlesbrough ASC March 2023 Meet	Middlesbrough	NE230451	3
50 Breaststroke	42.78	43.50	291	15/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	NE231966	2
100 Breaststroke	1:33.79	1:35.10	293	14/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	NE231966	2
50 Butterfly	34.31	34.90	358	15/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	NE231966	2
100 Butterfly	1:24.98	1:25.90	257	11/06/23	Middlesbrough ASC June 2023 Meet	Middlesbrough	NE230452	3
50 Backstroke	36.98	37.50	318	14/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	NE231966	2
100 Backstroke	1:20.75	1:21.70	314	15/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	NE231966	2
200 Backstroke	2:59.64	3:01.50	290	11/03/23	Middlesbrough ASC March 2023 Meet	Middlesbrough	NE230451	3
200 Individual Medley	3:02.07	3:04.20	299	25/09/22	Billingham ASC Autumn Meet	Billingham	NE221495	3
100 Individual Medley	1:26.17	1:26.20	282	18/12/22	Middlesbrough ASC December 2022 Meet	Middlesbrough	NE221886	3