

Individual Best Times (All Time)

Harry Pollard - (1368098) - Seagulls Swimming Club

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|----------|-----------------|-----------|----------|--|-----------|----------|-------|
| 50 Freestyle | 29.82 | 29.10 | 344 | 06/04/24 | City of Bristol L1 International Open Meet 2024 | Bristol | SW240226 | 1 |
| 200 Freestyle | 2:16.14 | 2:13.60 | 420 | 06/04/24 | City of Bristol L1 International Open Meet 2024 | Bristol | SW240226 | 1 |
| 400 Freestyle | 4:39.63 | 4:34.60 | 487 | 09/03/24 | Chelsea & Westminster & Millfield March Grand Prix | Millfield | SW240471 | 1 |
| 800 Freestyle | 9:42.53 | 9:32.50 | 467 | 10/05/24 | Team Bath AS & Millfield L1 Last Chance Meet 2024 | Millfield | SW240605 | 1 |
| 1500 Freestyle | 18:16.08 | 17:57.10 | 501 | 21/04/24 | SE SWR Summer Championships 2024 | Bristol | SW240586 | 1 |
| 50 Breaststroke | 35.77 | 34.90 | 381 | 09/03/24 | Chelsea & Westminster & Millfield March Grand Prix | Millfield | SW240471 | 1 |
| 100 Breaststroke | 1:17.24 | 1:15.60 | 399 | 04/05/24 | SE SWR Summer Championships 2024 | Plymouth | SW240588 | 1 |
| 200 Breaststroke | 2:50.21 | 2:47.10 | 400 | 05/05/24 | SE SWR Summer Championships 2024 | Plymouth | SW240588 | 1 |
| 50 Butterfly | 31.19 | 30.60 | 364 | 09/03/24 | Chelsea & Westminster & Millfield March Grand Prix | Millfield | SW240471 | 1 |
| 100 Butterfly | 1:12.64 | 1:11.60 | 315 | 06/04/24 | City of Bristol L1 International Open Meet 2024 | Bristol | SW240226 | 1 |
| 50 Backstroke | 35.21 | 34.60 | 299 | 06/04/24 | City of Bristol L1 International Open Meet 2024 | Bristol | SW240226 | 1 |
| 200 Individual Medley | 2:30.76 | 2:28.10 | 432 | 04/05/24 | SE SWR Summer Championships 2024 | Plymouth | SW240588 | 1 |
| 400 Individual Medley | 5:26.66 | 5:21.20 | 409 | 06/05/24 | SE SWR Summer Championships 2024 | Plymouth | SW240588 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|--|-------------|----------|-------|
| 50 Freestyle | 28.02 | 28.80 | 372 | 16/03/24 | Swim Bournemouth Regional Prep' L2 Open Meet | Bournemouth | SW240250 | 2 |
| 100 Freestyle | 59.57 | 1:01.00 | 426 | 17/03/24 | Swim Bournemouth Regional Prep' L2 Open Meet | Bournemouth | SW240250 | 2 |
| 200 Freestyle | 2:07.07 | 2:09.80 | 478 | 20/01/24 | Dorset County 2024 Championships & AG Competition | Littledown | SW240064 | 2 |
| 400 Freestyle | 4:25.75 | 4:31.00 | 509 | 23/03/24 | Seagulls Spring L3 Open Meet 2024 | Dorchester | SW240317 | 3 |
| 800 Freestyle | 9:04.47 | 9:15.00 | 540 | 28/01/24 | Dorset County 2024 Championships & AG Competition | Dorchester | SW240065 | 2 |
| 1500 Freestyle | 17:21.08 | 17:40.70 | 538 | 03/02/24 | Dorset County 2024 Championships & AG Competition | Dorchester | SW240067 | 2 |
| 50 Breaststroke | 35.18 | 36.10 | 356 | 07/10/23 | Winchester City Penguins Winter Autumn Qualifier | Winchester | SE231502 | 2 |
| 100 Breaststroke | 1:15.90 | 1:17.50 | 386 | 08/10/23 | Winchester City Penguins Winter Autumn Qualifier | Winchester | SE231502 | 2 |
| 200 Breaststroke | 2:40.06 | 2:43.30 | 423 | 04/02/24 | Dorset County 2024 Championships & AG Competition | Littledown | SW240066 | 2 |
| 50 Butterfly | 30.11 | 30.70 | 376 | 17/03/24 | Swim Bournemouth Regional Prep' L2 Open Meet | Bournemouth | SW240250 | 2 |
| 100 Butterfly | 1:08.22 | 1:09.30 | 343 | 14/10/23 | National Arena Swimming League Western 2023 Gala 1 | Millfield | SW232336 | 4 |
| 200 Butterfly | 2:36.29 | 2:38.30 | 319 | 24/03/24 | Seagulls Spring L3 Open Meet 2024 | Dorchester | SW240317 | 3 |
| 50 Backstroke | 32.51 | 33.10 | 314 | 20/01/24 | Dorset County 2024 Championships & AG Competition | Littledown | SW240064 | 2 |
| 100 Backstroke | 1:19.27 | 1:20.30 | 226 | 02/07/22 | Dorset County ASA Development Competition 2022 | Littledown | SW221575 | 4 |
| 200 Backstroke | 2:43.73 | 2:45.80 | 268 | 03/07/22 | Dorset County ASA Development Competition 2022 | Littledown | SW220752 | 3 |
| 200 Individual Medley | 2:22.55 | 2:25.30 | 454 | 04/02/24 | Dorset County 2024 Championships & AG Competition | Littledown | SW240066 | 2 |
| 400 Individual Medley | 5:01.83 | 5:07.60 | 470 | 21/01/24 | Dorset County 2024 Championships & AG Competition | Littledown | SW240064 | 2 |
| 100 Individual Medley | 1:08.10 | 1:08.10 | 378 | 20/01/24 | Dorset County 2024 Championships & AG Competition | Littledown | SW240064 | 2 |