

Individual Best Times (All Time)

Jake Dark - (1367871) - Boldmere Swimming and Water Polo

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.41	25.60	496	21/01/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240113	1
100 Freestyle	57.70	56.20	535	07/04/24	Derby Excel April Meet	Sheffield	EM240430	1
200 Freestyle	2:10.22	2:07.50	480	29/04/23	West Midland Regional Summer Championships 2023	Coventry	WM230351	1
400 Freestyle	4:40.67	4:35.60	482	18/12/22	Northampton SC Winter Festival 2022	Corby	EM221730	1
50 Breaststroke	35.84	35.00	379	20/01/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240113	1
100 Breaststroke	1:22.44	1:20.90	328	20/01/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240113	1
50 Butterfly	29.53	28.90	428	07/04/24	Derby Excel April Meet	Sheffield	EM240430	1
50 Backstroke	30.52	29.90	459	27/04/24	SE West Midland Summer Championships 2024	Birmingham	WM240647	1
100 Backstroke	1:06.20	1:05.00	473	10/03/24	NOVA Centurion March National Qualifier 2024	Nottingham	EM240290	1
200 Backstroke	2:28.67	2:26.40	426	11/06/23	Co Sheffield SS Team Steel Meet 2023	Sheffield	NE230696	1
200 Individual Medley	2:28.97	2:26.30	448	07/04/24	Derby Excel April Meet	Sheffield	EM240430	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.74	26.50	480	16/12/23	Derby Excel Christmas Cracker Meet 2023	Derby	EM231879	3
100 Freestyle	56.85	58.30	490	09/12/23	National Arena Swim League WM Premier Div Rd 3	Perdiswell LC	WM231851	4
200 Freestyle	2:05.75	2:08.50	493	17/12/23	Derby Excel Christmas Cracker Meet 2023	Derby	EM231879	3
400 Freestyle	4:32.41	4:37.50	473	16/10/22	City of Birmingham Winter Open Meet	Birmingham	WM221390	2
800 Freestyle	10:35.10	10:44.10	340	03/07/21	Boldmere Swimming Club	Beeches Leisure Cent	LEX2884	0
1500 Freestyle	18:19.71	18:38.30	456	26/11/22	Boldmere SC Long Distance Meet 2022	Birmingham	WM222439	4
50 Breaststroke	35.34	36.20	351	08/07/23	Boldmere Water Carnival 2023	Birmingham	WM231074	3
100 Breaststroke	1:20.09	1:21.60	328	23/09/23	Boldmere Club Championships 2023	Ladywood LC	WM231933	4
200 Breaststroke	2:58.85	3:01.80	303	20/11/22	Boldmere SC Club Championships	Birmingham	WM221750	4
50 Butterfly	29.81	30.40	388	16/12/23	Derby Excel Christmas Cracker Meet 2023	Derby	EM231879	3
100 Butterfly	1:06.86	1:08.00	364	23/09/23	Boldmere Club Championships 2023	Ladywood LC	WM231933	4
50 Backstroke	30.82	31.50	369	05/11/23	SE West Midlands Winter Championships 2023	Sandwell	WM232038	2
100 Backstroke	1:03.28	1:04.50	445	16/12/23	Derby Excel Christmas Cracker Meet 2023	Derby	EM231879	3
200 Backstroke	2:25.44	2:27.70	383	20/11/22	Boldmere SC Club Championships	Birmingham	WM221750	4
200 Individual Medley	2:26.26	2:28.90	421	25/11/23	The 16th Boldmere Open 2023	Birmingham	WM232244	3
100 Individual Medley	1:07.31	1:07.30	392	24/09/23	Boldmere Club Championships 2023	Ladywood LC	WM231933	4