

# Individual Best Times (All Time)

Ryan Bullock - (1365690) - Long Eaton SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.45	29.80	323	13/01/24	Buxton LC Qualifier 2024	Derby	EM240028	3
100 Freestyle	1:11.24	1:10.10	284	10/02/24	Derbyshire ASA County Championships 2024	Derby	EM240092	1
200 Freestyle	2:38.26	2:36.00	267	12/02/23	Derbyshire ASA County Championships 2023	Derby	EM230182	1
400 Freestyle	5:23.13	5:18.70	315	03/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
800 Freestyle	11:09.06	11:00.40	308	10/02/24	Derbyshire ASA County Championships 2024	Derby	EM240092	1
1500 Freestyle	21:00.00	20:43.50	330	04/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
50 Breaststroke	47.45	46.80	163	11/12/22	Derbyshire ASA LC Competition 2022 Level 3	Sheffield	EM222034	3
100 Breaststroke	1:43.71	1:42.50	164	21/05/22	City of Sheffield No Frills Meet	Sheffield	NE220613	3
50 Butterfly	41.35	40.90	156	24/07/22	East Midlands Summer Festival	Derby	EM221414	3
50 Backstroke	34.24	33.60	325	03/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
100 Backstroke	1:18.94	1:17.90	279	04/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
200 Backstroke	2:56.85	2:55.00	253	23/07/23	SE East Midlands Summer Festival of Swimming 2023	Moorways SV	EM231444	3
200 Individual Medley	3:03.67	3:01.50	239	14/01/24	Buxton LC Qualifier 2024	Derby	EM240028	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.52	30.20	318	23/06/24	Long Eaton Summer Meet 2024	Matlock	EM240519	3
100 Freestyle	1:05.94	1:07.20	314	16/12/23	Derby Excel Christmas Cracker Meet 2023	Derby	EM231879	3
200 Freestyle	2:25.08	2:27.50	321	06/04/24	Chesterfield SC Spring Meet 2024	Matlock	EM240389	3
400 Freestyle	5:08.23	5:12.80	326	17/12/23	Derby Excel Christmas Cracker Meet 2023	Derby	EM231879	3
800 Freestyle	11:14.85	11:23.40	283	28/10/22	City of Derby SC Long Distance Club Champs 2022	Derby	EM222126	4
1500 Freestyle	20:22.43	20:39.20	332	18/05/24	Eckington Open Meet 2024	Eckington	EM240131	3
50 Breaststroke	45.66	46.30	163	03/12/22	Chesterfield SC Winter Open Championships 2022	Matlock	EM222543	4
100 Breaststroke	1:44.89	1:46.10	146	16/10/22	City of Derby SC Club Championships 2022	Derby	EM222124	4
50 Butterfly	37.65	38.20	192	30/03/24	The City of Leicester Age Group Meet 2024	Leicester	EM240125	3
100 Butterfly	1:33.82	1:34.60	132	16/10/22	City of Derby SC Club Championships 2022	Derby	EM222124	4
50 Backstroke	33.63	34.20	284	17/12/23	Derby Excel Christmas Cracker Meet 2023	Derby	EM231879	3
100 Backstroke	1:13.87	1:15.00	280	07/04/24	Chesterfield SC Spring Meet 2024	Matlock	EM240389	3
200 Backstroke	2:42.66	2:44.70	273	07/04/24	Chesterfield SC Spring Meet 2024	Matlock	EM240389	3
200 Individual Medley	2:55.43	2:57.70	244	23/06/24	Long Eaton Summer Meet 2024	Matlock	EM240519	3
400 Individual Medley	6:33.47	6:37.90	212	12/07/23	Long Eaton Club Championships 2023	Long Eaton	EM231099	4
100 Individual Medley	1:21.63	1:21.60	220	29/10/23	Belper Marlin The Ghoul in the Pool 2023	Matlock	EM231814	3