

Individual Best Times (All Time)

Ellen Land - (1360352) - Newcastle SwimTeam

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.95	29.20	489	01/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	NE230413	1
100 Freestyle	1:06.59	1:05.30	468	02/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	NE230413	1
200 Freestyle	2:30.00	2:27.70	425	01/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	NE230413	1
100 Breaststroke	1:31.80	1:30.40	340	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Backstroke	34.33	33.70	478	02/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	NE230413	1
100 Backstroke	1:15.59	1:14.50	436	01/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	NE230413	1
200 Backstroke	2:43.86	2:41.80	424	02/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	NE230413	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.00	29.70	494	28/05/23	South Tyneside SC Spring Meet 2023	South Shields	NE230186	3
100 Freestyle	1:04.65	1:05.90	469	18/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	NE230263	3
200 Freestyle	2:22.39	2:24.80	464	28/05/23	South Tyneside SC Spring Meet 2023	South Shields	NE230186	3
800 Freestyle	11:08.37	11:17.00	364	12/07/19	GAW Summer Meet	Dunston LC	NE191919	3
50 Breaststroke	40.61	41.40	340	27/05/23	South Tyneside SC Spring Meet 2023	South Shields	NE230186	3
100 Breaststroke	1:27.39	1:28.80	363	24/09/22	Newcastle Swim Team Club Championships	Dunston Pool	NE221334	4
200 Breaststroke	3:15.77	3:18.50	324	13/07/19	GAW Summer Meet	Dunston LC	NE191919	3
50 Butterfly	32.91	33.50	406	27/05/23	South Tyneside SC Spring Meet 2023	South Shields	NE230186	3
100 Butterfly	1:27.95	1:28.80	232	14/07/19	GAW Summer Meet	Dunston LC	NE191919	3
50 Backstroke	33.75	34.30	418	18/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	NE230263	3
100 Backstroke	1:13.15	1:14.20	422	18/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	NE230263	3
200 Backstroke	2:39.23	2:41.30	416	28/05/23	South Tyneside SC Spring Meet 2023	South Shields	NE230186	3
200 Individual Medley	2:45.91	2:48.30	396	19/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	NE230263	3
100 Individual Medley	1:15.01	1:15.00	427	19/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	NE230263	3