

# Individual Best Times (All Time)

Aman Thethy - (1358953) - Rushden ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.07	25.30	515	22/06/24	City of Sheffield Team Steel Meet 2024	Sheffield	NE240091	1
100 Freestyle	58.89	57.50	503	11/02/23	Northamptonshire ASA County Championships 2023	Corby	EM230155	1
50 Breaststroke	30.99	30.00	587	04/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Breaststroke	1:09.62	1:07.80	545	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
200 Breaststroke	2:30.96	2:27.40	574	20/04/24	SE East Midlands Regional LC Championships 2024	Corby	EM240622	1
50 Butterfly	28.33	27.70	485	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Butterfly	1:05.31	1:04.10	434	17/12/22	Northampton SC Winter Festival 2022	Corby	EM221730	1
200 Butterfly	2:35.37	2:33.30	358	18/12/22	Northampton SC Winter Festival 2022	Corby	EM221730	1
50 Backstroke	32.82	32.20	369	24/06/23	Corby ASC NV Rushden 50m Club Championships 2023	Corby	EM230593	4
100 Backstroke	1:11.51	1:10.40	375	23/09/23	Corby ASC & Rushden 100m Club Championships 2023	Corby	EM231766	4
200 Individual Medley	2:26.75	2:24.00	468	16/03/24	Derby Excel Spring Qualifier 2024	Sheffield	EM240136	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.77	26.60	478	22/10/23	Team Luton Autumn Short Course Meet 2023	Luton	ER231536	3
100 Freestyle	57.03	58.50	486	21/10/23	Team Luton Autumn Short Course Meet 2023	Luton	ER231536	3
200 Freestyle	2:32.14	2:34.40	278	27/06/21	Rushden	Splash Leisure	LEX3074	0
50 Breaststroke	31.82	32.80	482	05/11/23	SE EM Short Course Championships 2023	Nottingham	EM232280	2
100 Breaststroke	1:08.38	1:10.20	528	27/04/24	Leicester & District SL Winter League 2024 R3	Leicester	EM241171	4
200 Breaststroke	2:32.33	2:35.80	490	05/11/23	SE EM Short Course Championships 2023	Nottingham	EM232280	2
50 Butterfly	27.84	28.50	476	15/10/22	Cambridge Grand Prix	Cambridge	ER221406	2
100 Butterfly	1:03.07	1:04.30	434	05/11/22	SE East Midlands Regional SC Championships 2022	Nottingham	EM222140	2
200 Butterfly	2:30.35	2:32.40	358	01/10/22	Corby Amateur October SC Open Meet 2022	Corby	EM221064	3
50 Backstroke	30.57	31.20	378	21/10/23	Team Luton Autumn Short Course Meet 2023	Luton	ER231536	3
100 Backstroke	1:10.83	1:12.00	317	24/09/22	Corby ASC NV & Rushden 100m Club Championships 22	Corby	EM221603	4
200 Backstroke	2:48.91	2:50.90	244	27/06/21	Rushden	Splash Leisure	LEX3074	0
200 Individual Medley	2:25.65	2:28.30	426	22/10/23	Team Luton Autumn Short Course Meet 2023	Luton	ER231536	3
100 Individual Medley	1:05.48	1:05.50	426	05/11/23	SE EM Short Course Championships 2023	Nottingham	EM232280	2