

Individual Best Times (All Time)

Mari Hughes - (1358345) - Clwb Nofio Bangor Swim Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.66	28.90	504	29/06/24	City of Bradford Summer Long Course Meet 2024	Leeds	NE240617	3
100 Freestyle	1:04.63	1:03.30	512	30/06/24	City of Bradford Summer Long Course Meet 2024	Leeds	NE240617	3
200 Freestyle	2:22.33	2:19.90	498	28/01/24	Rotherham Metro 'A' & 'B' Grade LC Meet 2024	Sheffield	NE240018	3
50 Breaststroke	43.79	43.10	295	22/01/22	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE220033	3
100 Breaststroke	1:30.97	1:29.60	350	27/01/24	Rotherham Metro 'A' & 'B' Grade LC Meet 2024	Sheffield	NE240018	3
50 Butterfly	31.10	30.50	484	25/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1
100 Butterfly	1:10.94	1:09.90	478	22/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1
50 Backstroke	36.87	36.30	386	28/01/24	Rotherham Metro 'A' & 'B' Grade LC Meet 2024	Sheffield	NE240018	3
200 Individual Medley	2:42.85	2:40.40	464	30/06/24	City of Bradford Summer Long Course Meet 2024	Leeds	NE240617	3
400 Individual Medley	6:07.90	6:03.10	377	03/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.50	30.20	469	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Freestyle	1:03.45	1:04.80	496	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
200 Freestyle	2:20.71	2:23.20	481	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
400 Freestyle	5:05.75	5:10.30	432	22/10/23	Swim Conwy Autumn Meet 2023	Llandudno	WL232002	2
50 Breaststroke	41.45	42.20	320	19/03/23	Swim Conwy Spring Meet 2023	Llandudno	WL230458	3
100 Breaststroke	1:26.49	1:27.90	374	26/11/23	Swim Wales Regional SC Championships - North 2023	Llandudno	WL232010	2
200 Breaststroke	3:18.29	3:20.90	312	21/05/22	Swim Conwy Whitsun Gala	Llandudno	WL220699	2
50 Butterfly	31.43	32.00	466	24/11/23	Swim Wales Regional SC Championships - North 2023	Llandudno	WL232010	2
100 Butterfly	1:10.18	1:11.30	456	03/03/24	Crystal Meet 2024	Wrexham	WL240610	3
200 Butterfly	2:44.67	2:46.60	383	26/11/23	Swim Wales Regional SC Championships - North 2023	Llandudno	WL232010	2
50 Backstroke	41.31	41.80	228	01/06/19	Swim Conwy Whitsun Meet	Llandudno	WL191520	2
100 Backstroke	1:17.52	1:18.60	355	26/11/23	Swim Wales Regional SC Championships - North 2023	Llandudno	WL232010	2
200 Individual Medley	2:36.19	2:38.70	474	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
400 Individual Medley	5:44.79	5:49.90	423	25/11/23	Swim Wales Regional SC Championships - North 2023	Llandudno	WL232010	2
100 Individual Medley	1:29.65	1:29.70	250	07/04/19	Clwb Nofio Bangor Diddy Meet	Llandudno	WL191165	3