

Individual Best Times (All Time)

Lydia Newell - (1352040) - Chelmsford City SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.31	29.60	472	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1
100 Freestyle	1:05.20	1:03.90	498	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1
50 Breaststroke	47.14	46.50	236	22/01/22	Swim England Essex Age Group Championships 2022	London	ER220048	1
100 Breaststroke	1:42.11	1:40.90	247	08/05/22	SE East Region Long Course Championships 2022	Luton	ER220678	1
50 Butterfly	32.41	31.80	428	12/05/24	Swim England East Region LC Championships 2024	Norwich	ER240238	1
100 Butterfly	1:13.88	1:12.80	423	06/05/24	Swim England East Region LC Championships 2024	Norwich	ER240237	1
200 Butterfly	3:05.39	3:03.70	283	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1
50 Backstroke	34.70	34.10	463	25/02/24	2024 Essex County Age Group Championships	London	ER240055	1
100 Backstroke	1:16.24	1:15.20	425	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1
200 Backstroke	2:45.49	2:43.50	411	25/02/24	2024 Essex County Age Group Championships	London	ER240055	1
200 Individual Medley	2:48.51	2:46.20	419	24/02/24	2024 Essex County Age Group Championships	London	ER240055	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.61	30.30	464	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Freestyle	1:06.80	1:08.00	425	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
200 Freestyle	2:26.06	2:28.40	430	23/06/24	Hatfield Summer Meet 2024	Hatfield	ER240174	2
400 Freestyle	5:38.96	5:43.10	317	16/07/22	Colchester Summer Spectacular Development Meet	Braintree	ER220730	3
800 Freestyle	10:54.31	11:03.10	388	19/03/24	Chelmsford City Club Champs 2024 800m & 1500m	Chelmsford City	ER240596	3
50 Breaststroke	41.63	42.40	316	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
100 Breaststroke	1:30.60	1:32.00	326	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
50 Butterfly	32.22	32.80	433	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Butterfly	1:14.12	1:15.10	387	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Butterfly	3:07.21	3:08.90	260	25/11/23	Chelmsford City Robin Springett Meet 2023	Riverside LC	ER231946	3
50 Backstroke	33.35	33.90	434	19/11/23	Swim England Essex Winter Championships 2023	Basildon	ER231482	2
100 Backstroke	1:13.85	1:14.90	410	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Backstroke	2:39.60	2:41.70	413	23/06/24	Hatfield Summer Meet 2024	Hatfield	ER240174	2
200 Individual Medley	2:48.97	2:51.30	375	26/11/23	Chelmsford City Robin Springett Meet 2023	Riverside LC	ER231946	3