

Individual Best Times (All Time)

Jack Burston - (1351189) - City of Swansea Aquatics Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.37	24.50	559	10/03/24	2024 Wycombe Long Course L1 Premier Meet	High Wycombe	SE240287	1
100 Freestyle	56.98	55.50	556	09/03/24	2024 Wycombe Long Course L1 Premier Meet	High Wycombe	SE240287	1
200 Freestyle	2:07.86	2:05.10	507	21/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
400 Freestyle	5:06.13	5:01.50	371	14/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	NW200160	1
1500 Freestyle	20:21.66	20:04.60	362	13/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	NW200160	1
50 Breaststroke	44.44	43.70	199	25/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	NE200004	1
50 Butterfly	27.94	27.30	506	05/05/24	City of Swansea Aquatics MAY LC Open Meet 2024	Swansea	WL240501	1
50 Backstroke	28.30	27.60	576	04/05/24	City of Swansea Aquatics MAY LC Open Meet 2024	Swansea	WL240501	1
100 Backstroke	1:01.36	1:00.00	594	05/05/24	City of Swansea Aquatics MAY LC Open Meet 2024	Swansea	WL240501	1
200 Backstroke	2:13.06	2:10.50	595	04/05/24	City of Swansea Aquatics MAY LC Open Meet 2024	Swansea	WL240501	1
200 Individual Medley	2:44.51	2:42.10	332	25/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	NE200004	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.62	25.40	549	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Freestyle	53.98	55.50	573	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
200 Freestyle	1:59.80	2:02.70	570	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
400 Freestyle	5:08.70	5:13.20	325	16/11/19	Stafford Apex Winter Open Meet 2019	Stafford	WM190532	3
800 Freestyle	10:14.75	10:24.10	375	09/07/21	TNT	Ellesmere	WM210178	4
1500 Freestyle	20:56.19	21:12.50	306	28/09/19	Oswestry Otters & Ellesmere College Titans	Ellesmere College	WM191797	4
50 Breaststroke	41.66	42.40	214	22/05/21	May Marker Meet	Ellesmere	WM210024	4
100 Breaststroke	1:27.67	1:29.10	250	26/06/21	Titans Term Target	Ellesmere	WM210091	4
200 Breaststroke	3:05.45	3:08.30	272	27/06/21	Titans Term Target	Ellesmere	WM210091	4
50 Butterfly	26.70	27.40	540	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Butterfly	1:17.91	1:18.90	230	23/05/21	May Marker Meet	Ellesmere	WM210024	4
50 Backstroke	26.76	27.50	564	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Backstroke	58.20	59.60	572	16/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
200 Backstroke	2:08.65	2:11.20	553	15/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
200 Individual Medley	2:35.53	2:38.00	350	25/06/21	Titans Term Target	Ellesmere	WM210091	4
100 Individual Medley	1:19.22	1:19.20	240	29/09/19	Oswestry Otters & Ellesmere College Titans	Oswestry	WM191796	4