

Individual Best Times (All Time)

Aidan Pethen - (1350874) - Staines Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.62	33.00	240	17/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
100 Freestyle	1:18.83	1:17.80	210	06/01/24	Crawley Speedo New Year Gala L3 2024	Crawley	SE240145	3
200 Freestyle	2:50.46	2:48.40	214	04/02/24	2024 Middlesex County Championships	Hillingdon	LR240187	1
50 Breaststroke	45.50	44.80	185	17/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
100 Breaststroke	1:40.07	1:38.80	183	17/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
200 Breaststroke	3:32.97	3:30.50	204	16/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
50 Butterfly	39.12	38.60	184	16/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
100 Butterfly	1:37.17	1:36.40	131	03/02/24	2024 Middlesex County Championships	Hillingdon	LR240187	1
50 Backstroke	44.98	44.50	143	28/01/24	2024 Middlesex County Championships	London	LR240186	1
200 Individual Medley	3:18.61	3:16.60	189	28/01/24	2024 Middlesex County Championships	London	LR240186	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.05	34.70	207	12/05/24	Windsor Spring Open Meet 2024	Maidenhead	SE240577	3
100 Freestyle	1:16.47	1:17.60	201	09/06/24	Hillingdon SC GoCardless Summer Open Meet 2024	Uxbridge	LR240861	3
200 Freestyle	2:50.40	2:52.40	198	10/12/23	Woking SC December Dasher 2023	Woking	SE232412	3
400 Freestyle	6:16.53	6:20.30	179	19/11/23	Staines SC Distance Club Champs 2023	Ascot	SE232410	4
50 Breaststroke	44.07	44.80	181	13/04/24	Rushmoor Royals Sprint Open Meet April 2024	Fleet	SE240422	3
100 Breaststroke	1:39.71	1:41.00	170	12/05/24	Windsor Spring Open Meet 2024	Maidenhead	SE240577	3
200 Breaststroke	3:38.32	3:40.70	166	24/02/24	Borough of Harrow Regional Qualifier 2024	Hendon	LR240172	3
50 Butterfly	37.69	38.20	192	18/05/24	Amersham SC National Junior Arena League 2024	Amersham	SE241230	4
100 Butterfly	1:33.84	1:34.60	132	29/06/24	Leatherhead End of Season Open Meet 2024	Walton-on-Thames	SE240637	3
50 Backstroke	42.47	42.90	141	30/06/24	Leatherhead End of Season Open Meet 2024	Walton-on-Thames	SE240637	3
200 Individual Medley	3:06.17	3:08.30	204	09/06/24	Hillingdon SC GoCardless Summer Open Meet 2024	Uxbridge	LR240861	3
100 Individual Medley	1:29.64	1:29.60	166	13/04/24	Rushmoor Royals Sprint Open Meet April 2024	Fleet	SE240422	3