

Individual Best Times (All Time)

Sebastian Greenbank - (1348186) - Wey Valley SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	48.81	48.20	150	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.89	29.60	339	09/06/24	Cranleigh ASC Summer Open Meet 2024	Cranleigh	SE240864	3
100 Freestyle	1:06.06	1:07.30	312	09/12/23	National Arena Swimming League South R3 2023	Portsmouth	SE232569	4
200 Freestyle	3:15.12	3:16.90	132	24/11/19	Wey Valley Club Champs 2019	Godalming LC	SE193118	4
400 Freestyle	7:25.34	7:28.50	108	09/06/21	Wey Valley	Guildford High	LEX1646	0
50 Breaststroke	36.47	37.30	320	09/06/24	Cranleigh ASC Summer Open Meet 2024	Cranleigh	SE240864	3
100 Breaststroke	1:26.59	1:28.00	260	02/12/23	Wey Valley Club Champs 2023	Godalming	SE232117	4
200 Breaststroke	3:39.34	3:41.70	164	14/11/21	Wey Valley SC Club Champs 2021	Godalming	SE210948	4
50 Butterfly	48.18	48.60	91	09/06/21	Wey Valley	Guildford High	LEX1646	0
100 Butterfly	2:07.56	2:08.20	52	30/06/21	Wey Valley SC	Guildford High Schoo	LEX2734	0
50 Backstroke	43.28	43.70	133	09/06/21	Wey Valley	Guildford High	LEX1646	0
100 Backstroke	1:38.45	1:39.30	118	23/06/21	Wey Valley	Guildford High	LEX2334	0
200 Individual Medley	3:32.31	3:34.20	137	16/06/21	Wey Valley	Guildford High Schoo	LEX1966	0
100 Individual Medley	1:33.33	1:33.30	147	21/11/21	Wey Valley SC Club Champs 2021	Godalming	SE210949	4