

Individual Best Times (All Time)

Nicole Angelova - (1347568) - Newham & University of East Lond

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.48	31.80	384	01/04/23	NUEL SC National Qualifier Open Meet 2023	Stratford	LR230468	1
100 Freestyle	1:13.66	1:12.50	345	02/04/23	NUEL SC National Qualifier Open Meet 2023	Stratford	LR230468	1
200 Freestyle	2:57.88	2:55.90	255	08/03/20	NUEL Regional Qualifying Meet 2020	London	LR200113	3
400 Freestyle	6:25.19	6:21.50	228	07/03/20	NUEL Regional Qualifying Meet 2020	London	LR200113	3
50 Breaststroke	45.39	44.70	265	01/04/23	NUEL SC National Qualifier Open Meet 2023	Stratford	LR230468	1
100 Breaststroke	1:46.32	1:45.10	219	08/03/20	NUEL Regional Qualifying Meet 2020	London	LR200113	3
200 Breaststroke	3:56.15	3:53.90	197	30/06/19	Romford Town End of Season Meet 2019	Basildon	LR190329	3
50 Butterfly	35.79	35.30	318	02/04/23	NUEL SC National Qualifier Open Meet 2023	Stratford	LR230468	1
100 Butterfly	1:33.11	1:32.30	211	25/09/22	Gators Early Season County Qualifier	London	LR221473	3
50 Backstroke	38.44	37.90	341	22/01/22	Swim England Essex Age Group Championships 2022	London	ER220048	1
100 Backstroke	1:24.71	1:23.80	309	25/09/22	Gators Early Season County Qualifier	London	LR221473	3
200 Individual Medley	3:07.99	3:05.90	301	23/07/22	NUEL SC End of Season Open Meet 2022	London Aquatics Cntr	LR221212	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.91	32.60	371	03/12/23	NUEL SC Late County Qualifier Open Meet 2023	Stratford	LR231002	3
100 Freestyle	1:11.43	1:12.60	348	16/10/22	Essex Winter Championships 2022	Basildon	ER221475	2
200 Freestyle	2:44.66	2:46.80	300	09/10/22	NUEL SC Early County Qualifier Open Meet 2022	London	LR221421	3
400 Freestyle	5:48.60	5:52.60	292	02/10/22	Romford Town SC Autumn Seacon Opener Meet 2022	Essex	LR221332	3
50 Breaststroke	42.87	43.60	289	17/12/23	Romford Town SC Christmas Cracker Meet 2023	Harrow Lodge LC	LR231413	3
100 Breaststroke	1:38.06	1:39.30	257	09/10/22	NUEL SC Early County Qualifier Open Meet 2022	London	LR221421	3
200 Breaststroke	3:26.37	3:28.90	277	18/12/22	RTSC Christmas Cracker Meet 2022	Basildon	LR221726	3
50 Butterfly	35.00	35.50	337	03/12/23	NUEL SC Late County Qualifier Open Meet 2023	Stratford	LR231002	3
100 Butterfly	1:24.93	1:25.80	257	16/10/22	Essex Winter Championships 2022	Basildon	ER221475	2
200 Butterfly	4:08.99	4:10.30	110	08/06/18	N&UEL Club Championships 2018	East Ham LC	LR181049	4
50 Backstroke	37.18	37.70	313	16/10/22	Essex Winter Championships 2022	Basildon	ER221475	2
100 Backstroke	1:21.15	1:22.10	309	26/02/22	Swim England Essex Age Group Championships 2022	Basildon	ER220051	2
200 Individual Medley	3:02.66	3:04.80	296	17/12/22	RTSC Christmas Cracker Meet 2022	Basildon	LR221726	3
400 Individual Medley	6:27.48	6:32.00	298	09/10/22	NUEL SC Early County Qualifier Open Meet 2022	London	LR221421	3
100 Individual Medley	1:29.47	1:29.50	251	01/08/21	Newham & University of East London	East Ham	LEX3670	0