

Individual Best Times (All Time)

Cecilia Beddison - (1345934) - Musselburgh ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.00	35.40	282	02/04/22	Bracknell & Wokingham SC Regional Qualifier Meet	Aldershot Garrison	SE220327	3
100 Freestyle	1:20.36	1:19.30	266	03/04/22	Bracknell & Wokingham SC Regional Qualifier Meet	Aldershot Garrison	SE220327	3
200 Freestyle	2:45.10	2:43.00	319	24/09/22	Lis Hartley L3 Open Meet Crawley 2022	K2 Crawley	SE221387	3
50 Breaststroke	47.68	47.00	228	25/09/22	Lis Hartley L3 Open Meet Crawley 2022	K2 Crawley	SE221387	3
200 Breaststroke	3:44.57	3:42.20	229	03/04/22	Bracknell & Wokingham SC Regional Qualifier Meet	Aldershot Garrison	SE220327	3
50 Backstroke	40.28	39.80	296	03/04/22	Bracknell & Wokingham SC Regional Qualifier Meet	Aldershot Garrison	SE220327	3
100 Backstroke	1:25.04	1:24.10	306	25/09/22	Lis Hartley L3 Open Meet Crawley 2022	K2 Crawley	SE221387	3
200 Backstroke	3:01.53	2:59.70	312	24/09/22	Lis Hartley L3 Open Meet Crawley 2022	K2 Crawley	SE221387	3
200 Individual Medley	3:14.95	3:12.90	270	02/04/22	Bracknell & Wokingham SC Regional Qualifier Meet	Aldershot Garrison	SE220327	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.27	34.90	299	04/03/23	Hart SC Spring Open Meet 2023	Hart	SE230493	3
100 Freestyle	1:16.11	1:17.20	287	30/10/22	Hart SC Autumn Open Meet 2022	Hart Leisure	SE221836	3
200 Freestyle	2:40.19	2:42.30	326	09/07/22	Bracknell & Wokingham SC Summer Level 3 Meet	Bracknell	SE220758	3
400 Freestyle	5:57.31	6:01.20	271	08/07/22	Cranleigh SC Club Championships July 2022	Cranleigh	SE221078	4
800 Freestyle	11:38.23	11:46.50	319	22/10/22	Hart SC Distance Meet 2022	Hart	SE221974	3
50 Breaststroke	46.52	47.20	226	05/03/23	Hart SC Spring Open Meet 2023	Hart	SE230493	3
100 Breaststroke	1:41.77	1:43.00	230	16/10/22	Cranleigh ASC Oct 2022 Open Meet	Cranleigh	SE221719	3
200 Breaststroke	3:42.93	3:45.30	219	04/03/23	Hart SC Spring Open Meet 2023	Hart	SE230493	3
50 Butterfly	40.45	40.90	218	21/05/23	Cranleigh SC Summer Gala 2023	Cranleigh	SE230983	3
100 Butterfly	1:40.27	1:41.00	156	04/03/23	Hart SC Spring Open Meet 2023	Hart	SE230493	3
50 Backstroke	39.39	39.90	263	12/03/23	Cranleigh SC Mavis Godfrey Spring Gala 2023	Cranleigh	SE230337	3
100 Backstroke	1:23.06	1:24.00	288	30/10/22	Hart SC Autumn Open Meet 2022	Hart Leisure	SE221836	3
200 Backstroke	2:57.41	2:59.30	301	30/10/22	Hart SC Autumn Open Meet 2022	Hart Leisure	SE221836	3
200 Individual Medley	3:04.08	3:06.20	290	09/07/22	Bracknell & Wokingham SC Summer Level 3 Meet	Bracknell	SE220758	3
400 Individual Medley	6:51.70	6:56.00	248	30/09/22	Cranleigh SC Club Championships July 2022	Cranleigh	SE221079	4
100 Individual Medley	1:29.93	1:29.90	248	02/10/22	Cranleigh Club Championship	Cranleigh	SE221720	4