

# Individual Best Times (All Time)

Evie Long - (1345444) - Bristol Penguin Olympic SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.94	32.30	368	15/07/23	City Of Bristol Summer Festival 2023	Hengrove Park	SW230895	3
100 Freestyle	1:08.96	1:07.70	421	16/07/23	City Of Bristol Summer Festival 2023	Hengrove Park	SW230895	3
200 Freestyle	2:29.90	2:27.60	426	15/07/23	City Of Bristol Summer Festival 2023	Hengrove Park	SW230895	3
400 Freestyle	5:16.67	5:12.20	410	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
800 Freestyle	10:59.61	10:50.80	397	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
50 Breaststroke	49.18	48.50	208	19/01/20	Gloucester County Championships	Hengrove, Bristol	SW200241	1
100 Breaststroke	1:46.91	1:45.70	215	13/07/19	City of Bristol LC L3 Summer Festival Meet	Hengrove LC	SW191995	3
200 Breaststroke	3:46.46	3:44.10	224	14/07/19	City of Bristol LC L3 Summer Festival Meet	Hengrove LC	SW191995	3
50 Backstroke	36.94	36.40	384	16/07/23	City Of Bristol Summer Festival 2023	Hengrove Park	SW230895	3
100 Backstroke	1:20.77	1:19.80	357	15/07/23	City Of Bristol Summer Festival 2023	Hengrove Park	SW230895	3
200 Backstroke	2:53.30	2:51.40	358	18/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230118	1
200 Individual Medley	3:24.18	3:22.20	235	13/07/19	City of Bristol LC L3 Summer Festival Meet	Hengrove LC	SW191995	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.10	32.70	364	03/12/22	Tigersharks Winter L3 Meet	Swindon	SW220595	3
100 Freestyle	1:08.46	1:09.70	395	10/06/23	Keynsham & Bristol Penguins Summer Championships	Bristol	SW231068	4
200 Freestyle	2:28.72	2:31.00	408	09/03/24	Keynsham SC & Bristol Penguin Spring Open Meet	Weston Super Mare	SW240472	3
400 Freestyle	5:07.59	5:12.10	425	24/06/23	Keynsham & Bristol Penguins Summer Championships	Bristol	SW231069	4
800 Freestyle	10:57.73	11:06.50	382	14/12/23	Bristol Penguin & Keynsham ASCs 800m Free Event	Bristol	SW232456	4
50 Breaststroke	43.72	44.40	273	26/11/22	Keynsham & Bristol Penguins Autumn Sprint Meet 22	Bristol	SW222202	3
100 Breaststroke	1:34.54	1:35.90	286	04/12/22	Tigersharks Winter L3 Meet	Swindon	SW220595	3
200 Breaststroke	3:25.70	3:28.30	279	03/12/22	Tigersharks Winter L3 Meet	Swindon	SW220595	3
50 Butterfly	43.46	43.90	176	30/11/19	County Qualifier Level 3 Open Meet 2019	Gloucester	SW191631	3
50 Backstroke	36.34	36.90	335	10/06/23	Keynsham & Bristol Penguins Summer Championships	Bristol	SW231068	4
100 Backstroke	1:17.24	1:18.30	358	10/06/23	Keynsham & Bristol Penguins Summer Championships	Bristol	SW231068	4
200 Backstroke	2:44.47	2:46.50	378	24/06/23	Keynsham & Bristol Penguins Summer Championships	Bristol	SW231069	4
200 Individual Medley	2:59.34	3:01.50	313	31/10/21	City of Bristol Early Bird Meet	Bristol	SW210406	3
100 Individual Medley	1:22.16	1:22.20	325	08/07/21	Bristol Penguins	Hengrove	LEX3182	0