

Individual Best Times (All Time)

Zoe Reynolds - (1344491) - City of Norwich SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.41	31.80	386	28/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
100 Freestyle	1:10.81	1:09.60	389	03/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
200 Freestyle	2:48.17	2:46.10	302	10/07/22	City of Norwich SC Midsummer Madness 2022	Norwich	ER220343	3
50 Breaststroke	45.02	44.30	271	17/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	ER230912	3
100 Breaststroke	2:04.22	2:03.20	137	02/03/19	CoNSC MARCH LONG COURSE OPEN MEET 2019	NORWICH	ER190092	3
50 Butterfly	36.16	35.60	308	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
100 Butterfly	1:25.09	1:24.20	277	04/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
50 Backstroke	35.92	35.40	418	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
100 Backstroke	1:23.75	1:22.80	320	05/03/23	CONSC March LC Open Meet 2023	Sportspark	ER230010	3
200 Backstroke	3:08.74	3:07.00	277	09/07/22	City of Norwich SC Midsummer Madness 2022	Norwich	ER220343	3
200 Individual Medley	3:18.00	3:16.00	258	10/07/21	CONSC Midsummer Madness 2021	Norwich	ER210166	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.66	32.30	379	19/11/22	City of Norwich L3 November SC Open Meet 2022	Norwich	ER220340	3
100 Freestyle	1:09.45	1:10.60	378	19/11/23	City of Norwich SC L3 November SC Open Meet 2023	Norwich	ER231215	3
200 Freestyle	2:51.53	2:53.50	265	23/09/21	City of Norwich Club Championships 2021	Norwich	ER210399	4
50 Breaststroke	43.35	44.10	280	20/11/22	City of Norwich L3 November SC Open Meet 2022	Norwich	ER220340	3
100 Breaststroke	1:41.64	1:42.90	230	27/11/21	City of Norwich SC L3 November SC Open Meet 2021	Norwich	ER210457	3
200 Breaststroke	3:48.67	3:51.00	203	29/07/22	City of Norwich Club Championships Main Events	Norwich	ER221464	4
50 Butterfly	36.53	37.00	297	19/11/23	City of Norwich SC L3 November SC Open Meet 2023	Norwich	ER231215	3
100 Butterfly	1:25.51	1:26.40	252	03/12/23	Great Yarmouth SC Winter Wipeout Meet 2023	Norwich	ER231744	3
50 Backstroke	34.90	35.50	378	18/11/23	City of Norwich SC L3 November SC Open Meet 2023	Norwich	ER231215	3
100 Backstroke	1:22.95	1:23.90	289	20/11/22	City of Norwich L3 November SC Open Meet 2022	Norwich	ER220340	3
200 Backstroke	3:11.08	3:12.80	241	29/07/22	City of Norwich Club Championships Main Events	Norwich	ER221464	4
200 Individual Medley	3:35.03	3:36.90	182	19/09/19	CONSC 2019 Club Championships	Norwich	ER192688	4
100 Individual Medley	1:27.32	1:27.30	271	26/06/22	Norfolk ASA County Challenge Gala	Dereham	ER221191	3