

Individual Best Times (All Time)

Coleby Adkin - (1344480) - Nottingham Portland SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.45	36.90	250	01/07/17	2nd Summer Spectacular Sprint Meet	Sheffield	EM170277	3
100 Freestyle	1:22.31	1:21.30	247	01/07/17	2nd Summer Spectacular Sprint Meet	Sheffield	EM170277	3
50 Breaststroke	49.83	49.20	200	01/07/17	2nd Summer Spectacular Sprint Meet	Sheffield	EM170277	3
50 Butterfly	42.99	42.50	183	01/07/17	2nd Summer Spectacular Sprint Meet	Sheffield	EM170277	3
50 Backstroke	43.61	43.10	233	01/07/17	2nd Summer Spectacular Sprint Meet	Sheffield	EM170277	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.66	39.20	208	16/12/17	Portland Winter Time Trial	Nottingham	EM172598	4
100 Freestyle	1:19.73	1:20.80	250	10/02/18	Sports Centre League 2018 - Division 2	Hucknall LC	EM180569	4
50 Breaststroke	48.12	48.80	204	18/11/17	Mansfield Major Oak Open Meet	Mansfield	EM171946	3
100 Breaststroke	1:45.56	1:46.80	206	09/06/18	Sports Centre League 2018 - Division 2	Retford LC	EM180571	4
50 Backstroke	42.37	42.80	211	16/12/17	Portland Winter Time Trial	Nottingham	EM172598	4
100 Backstroke	1:29.68	1:30.60	229	18/11/17	Mansfield Major Oak Open Meet	Mansfield	EM171946	3
200 Individual Medley	3:12.67	3:14.70	253	18/11/17	Mansfield Major Oak Open Meet	Mansfield	EM171946	3
100 Individual Medley	1:31.61	1:31.60	234	22/09/18	Sports Centre League 2018 - Division 2	Carlton	EM180573	4