

Individual Best Times (All Time)

Philippa Rankin - (1343095) - Preston Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.51	28.80	512	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3
100 Freestyle	1:06.73	1:05.50	465	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
200 Freestyle	2:25.95	2:23.50	462	06/04/24	Derby Excel April Meet	Sheffield	EM240430	1
400 Freestyle	5:06.17	5:01.50	454	15/03/24	Derby Excel Spring Qualifier 2024	Sheffield	EM240136	1
50 Breaststroke	49.24	48.60	207	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3
50 Butterfly	37.95	37.40	266	07/01/24	City of Leeds New Year Meet 2024	Leeds	NE240034	3
50 Backstroke	40.65	40.20	288	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3
100 Backstroke	1:30.09	1:29.20	257	07/01/24	City of Leeds New Year Meet 2024	Leeds	NE240034	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.06	29.80	491	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
100 Freestyle	1:04.06	1:05.40	482	22/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
200 Freestyle	2:26.92	2:29.30	423	23/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
800 Freestyle	10:33.04	10:42.10	428	19/05/24	Preston SC Bert Brooks 2024	Preston	NW241217	4
50 Breaststroke	50.52	51.10	177	01/07/23	North Lancs Development Meet 2023	Blackpool	NW231114	3
50 Butterfly	36.49	37.00	298	23/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
50 Backstroke	38.43	38.90	283	23/06/24	Wigan Best Future Stars June Meet 2024	Wigan	NW240734	3
100 Backstroke	1:34.30	1:35.20	197	01/04/23	Leyland Barracudas Senior Sprint Gala 2023	Layland	NW230803	4
200 Individual Medley	3:10.65	3:12.70	261	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3
100 Individual Medley	1:29.47	1:29.50	251	19/11/23	Leyland Barracudas ASC Club Championships 2023	Leyland	NW232520	4