

Individual Best Times (All Time)

Alice Volkovaya - (1338971) - City of Salford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.68	26.90	620	17/03/24	City of Manchester International Swim Meet 2024	Manchester	NW240474	1
100 Freestyle	59.53	58.10	655	16/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	NE230087	1
200 Freestyle	2:09.78	2:07.10	657	17/03/24	City of Manchester International Swim Meet 2024	Manchester	NW240474	1
400 Freestyle	4:32.24	4:27.00	646	27/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
800 Freestyle	9:54.10	9:44.30	543	29/01/22	Lancs County Age Groups & Championships 2022	Wavertree LC	NW220240	1
50 Breaststroke	46.22	45.50	251	08/12/19	MANCHESTER SNOW'PEN MEET 2019	MANCHESTER	NW190445	3
50 Butterfly	31.87	31.30	450	03/04/22	Derventio eXcel April Meet	Sheffield	EM220191	1
100 Butterfly	1:15.30	1:14.30	399	12/01/20	Lancashire County Age Groups & County Champs	Manchester	NW200180	1
50 Backstroke	31.90	31.30	596	20/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
100 Backstroke	1:07.41	1:06.20	615	16/03/24	City of Manchester International Swim Meet 2024	Manchester	NW240474	1
200 Backstroke	2:28.01	2:25.70	575	01/05/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220369	1
200 Individual Medley	2:34.99	2:32.40	538	22/01/22	Lancs County Age Groups & Championships 2022	Wavertree LC	NW220239	1
400 Individual Medley	6:18.83	6:14.20	345	11/01/20	Lancashire County Age Groups & County Champs	Manchester	NW200180	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.83	28.60	559	05/11/23	SE NW Regional Winter Championships 2023	Manchester	NW231877	2
100 Freestyle	57.94	59.40	652	15/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
200 Freestyle	2:04.82	2:07.60	690	04/11/23	SE NW Regional Winter Championships 2023	Manchester	NW231877	2
400 Freestyle	4:24.00	4:29.30	672	14/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
800 Freestyle	9:43.09	9:52.90	548	26/11/21	Wigan Best SC Future Stars Open Meet	Wigan	NW211012	2
50 Breaststroke	38.42	39.20	402	17/07/22	Bolton Metro Swimming Squad & City of Salford SC	Broughton	NW220977	3
100 Breaststroke	1:22.30	1:23.80	435	26/02/22	City of Salford SC Club Championships 2021/2	Broughton	NW220492	4
200 Breaststroke	3:03.11	3:06.00	396	18/12/21	City of Salford Inter Club Long Distance Meet	Broughton	NW211520	4
50 Butterfly	31.30	31.90	472	27/11/21	Wigan Best SC Future Stars Open Meet	Wigan	NW211012	2
100 Butterfly	1:07.84	1:09.00	505	18/03/23	City of Salford SC Spring Meet 2023	Broughton	NW230207	3
200 Butterfly	4:19.61	4:20.80	97	24/06/18	Utmost Wealth Solutions Isle of Man Champs	Douglas	NW181747	3
50 Backstroke	31.88	32.50	496	07/11/21	NW Winter Regional Swimming Championships (25m)	Manchester	NW211011	2
100 Backstroke	1:04.77	1:06.00	608	10/12/23	Arena League North West A Final 2023	Blackpool	NW232593	3
200 Backstroke	2:20.65	2:23.00	604	06/11/21	NW Winter Regional Swimming Championships (25m)	Manchester	NW211011	2
200 Individual Medley	2:26.46	2:29.10	576	23/09/23	City of Salford Club Championships 2023	Broughton	NW231630	4
400 Individual Medley	6:00.00	6:04.90	372	06/10/19	Greater Manchester Autumn Meet 2019	Wigan Life Centre	NW192374	3
100 Individual Medley	1:06.47	1:06.50	614	16/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2