

Individual Best Times (All Time)

Dyako Ahmad - (1337774) - Eastbourne SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.53	41.00	123	03/06/21	Eastbourne	University Brighton	LEX1469	0
100 Freestyle	1:34.31	1:35.20	107	03/06/21	Eastbourne	University Brighton	LEX1469	0
50 Breaststroke	52.96	53.60	104	15/07/21	Eastbourne	Uni of Brighton	LEX3407	0
100 Breaststroke	2:01.25	2:02.30	94	17/06/21	Eastbourne	Uni of Brighton	LEX2027	0
50 Butterfly	54.18	54.50	64	29/02/20	Eastbourne SC 2020 Club Championships	Eastbourne	SE200417	4
50 Backstroke	49.90	50.30	86	01/07/21	Eastbourne SC	University of Bright	LEX2763	0
100 Backstroke	1:53.60	1:54.30	77	01/07/21	Eastbourne SC	University of Bright	LEX2763	0
100 Individual Medley	1:51.63	1:51.60	86	03/06/21	Eastbourne	University Brighton	LEX1469	0