

Individual Best Times (All Time)

William Mcginley-Keates - (1336204) - Newcastle (Staffs) ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.35	28.60	361	15/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	EM220003	1
100 Freestyle	1:00.96	59.60	454	21/01/24	Staffordshire ASA County Championships 2024	Sandwell	WM240059	1
200 Freestyle	2:15.50	2:12.90	426	12/03/23	Derventio eXcel Early March Meet 2023	Sheffield	EM230151	1
400 Freestyle	4:53.09	4:48.30	423	03/07/22	City of Coventry SC Graham Sykes Meet 2022	Coventry	WM220693	3
800 Freestyle	9:54.13	9:44.30	440	18/03/22	Derventio eXcel March Open Meet	Sheffield	EM220103	1
1500 Freestyle	19:20.25	19:02.30	423	01/04/22	Derventio eXcel April Meet	Sheffield	EM220191	1
50 Breaststroke	38.75	37.90	300	02/04/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	EM230359	1
100 Breaststroke	1:19.70	1:18.10	363	30/04/22	West Midlands Region 2022 Regional Championships	Coventry	WM220504	1
200 Breaststroke	2:54.00	2:50.90	375	16/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	EM220003	1
50 Butterfly	31.58	31.00	350	21/01/24	Staffordshire ASA County Championships 2024	Sandwell	WM240059	1
50 Backstroke	33.44	32.80	349	02/07/22	City of Coventry SC Graham Sykes Meet 2022	Coventry	WM220693	3
100 Backstroke	1:10.81	1:09.70	386	21/01/24	Staffordshire ASA County Championships 2024	Sandwell	WM240059	1
200 Backstroke	2:33.86	2:31.70	384	15/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	EM220003	1
200 Individual Medley	2:36.80	2:34.30	384	15/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	EM220003	1
400 Individual Medley	5:40.50	5:35.30	361	01/05/22	West Midlands Region 2022 Regional Championships	Coventry	WM220504	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.03	28.80	372	25/06/23	Newcastle Staffs SC Club Champs 2023	Newcastle under Lyme	WM231187	4
100 Freestyle	59.80	1:01.20	421	19/11/23	NOVA Centurion November Meet 2023	Nottingham	EM231063	2
200 Freestyle	2:08.78	2:11.40	459	11/06/23	Chase Summer Roebuck L3 Open Meet 2023	Wolverhampton	WM230722	3
400 Freestyle	4:36.29	4:41.30	453	07/07/23	Newcastle Staffs SC Club Champs 2023	Newcastle under Lyme	WM231457	4
800 Freestyle	9:41.57	9:51.40	443	16/06/23	Newcastle Staffs SC Club Champs 2023	Newcastle under Lyme	WM231186	4
1500 Freestyle	18:25.53	18:44.00	449	26/02/22	Staffordshire ASA County Championships 2022	Stafford	WM220149	2
50 Breaststroke	35.28	36.20	353	10/04/22	City of Stoke on Trent SC Y2KI Gala 2022	Stoke on Trent	WM220256	3
100 Breaststroke	1:18.42	1:20.00	350	09/04/22	City of Stoke on Trent SC Y2KI Gala 2022	Stoke on Trent	WM220256	3
200 Breaststroke	2:48.06	2:51.20	365	12/03/22	Wyre Forest Spring off the Blocks	Wolverhampton	WM220506	3
50 Butterfly	31.07	31.70	343	21/05/23	Newcastle Staffs SC Time Trials 2023	Newcastle under Lyme	WM231188	4
100 Butterfly	1:10.22	1:11.30	315	21/05/23	Newcastle Staffs SC Time Trials 2023	Newcastle under Lyme	WM231188	4
200 Butterfly	2:47.15	2:49.00	261	10/04/22	City of Stoke on Trent SC Y2KI Gala 2022	Stoke on Trent	WM220256	3
50 Backstroke	32.31	32.90	320	04/02/23	Staffordshire ASA Championships 2023	Stafford	WM230166	2
100 Backstroke	1:08.00	1:09.20	359	09/12/23	National Arena Swim League WM Div 2 Rd 3	Newbold Comyn	WM231853	4
200 Backstroke	2:24.55	2:26.80	390	18/06/23	Newcastle Staffs SC Club Champs 2023	Newcastle under Lyme	WM231186	4
200 Individual Medley	2:29.02	2:31.60	398	26/02/22	Staffordshire ASA County Championships 2022	Stafford	WM220149	2
400 Individual Medley	5:19.91	5:25.40	395	21/11/21	Major Oak Open Meet	Mansfield	EM210987	3
100 Individual Medley	1:09.24	1:09.20	360	21/05/23	Newcastle Staffs SC Time Trials 2023	Newcastle under Lyme	WM231188	4