

Individual Best Times (All Time)

Sophia Kewley - (1335421) - Hoylake SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.29	29.60	473	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3
50 Breaststroke	40.06	39.30	385	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3
50 Butterfly	34.19	33.60	364	09/06/24	City of Liverpool Splash and Dash Meet 2024	Liverpool	NW240533	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.00	30.70	446	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Freestyle	1:05.31	1:06.60	455	15/12/23	Bebington SC Qualifier Meet 2023	Birkenhead	NW231635	4
200 Freestyle	2:25.16	2:27.50	438	15/12/23	Bebington SC Qualifier Meet 2023	Birkenhead	NW231635	4
400 Freestyle	5:19.20	5:23.60	380	17/07/22	Hoylake ASC Club Championships 2022	Birkenhead	NW221329	4
800 Freestyle	11:28.74	11:37.10	333	12/05/23	Hoylake Club Championship 2023	West Kirby	NW231113	4
1500 Freestyle	21:46.12	22:01.90	336	17/05/24	Hoylake Club Championship 2024	West Kirby	NW240977	4
50 Breaststroke	37.07	37.90	448	15/12/23	Bebington SC Qualifier Meet 2023	Birkenhead	NW231635	4
100 Breaststroke	1:22.69	1:24.20	428	14/12/23	Bebington SC Qualifier Meet 2023	Birkenhead	NW231635	4
200 Breaststroke	3:04.87	3:07.70	385	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
50 Butterfly	32.71	33.30	414	03/09/23	Bebington SC Season Starter Meet 2023	Birkenhead	NW232098	3
100 Butterfly	1:17.24	1:18.20	342	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3
50 Backstroke	36.83	37.40	322	13/04/24	Hoylake Club Championship 2024	Birkenhead	NW240976	4
200 Individual Medley	2:46.64	2:49.00	391	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3
100 Individual Medley	1:16.20	1:16.20	407	14/12/23	Bebington SC Qualifier Meet 2023	Birkenhead	NW231635	4