

Individual Best Times (All Time)

Jack Coulam - (1334534) - Bridlington SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.16	35.60	193	30/11/19	National Para-Swimming Championship	Manchester	DIS124	1
100 Freestyle	1:23.03	1:22.00	179	30/11/19	National Para-Swimming Championship	Manchester	DIS124	1
400 Freestyle	6:54.47	6:51.10	149	01/12/19	National Para-Swimming Championship	Manchester	DIS124	1
100 Backstroke	1:41.94	1:41.10	129	30/11/19	National Para-Swimming Championship	Manchester	DIS124	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.03	33.70	227	14/03/20	NAT Junior Para Swimming Champ 2020	Sunderland	NE201139	2
100 Freestyle	1:16.26	1:17.40	203	10/09/21	BASC Time Night	East Riding Leisure	NE210098	4
200 Freestyle	2:53.33	2:55.30	188	06/12/21	BASC Club Champs 2021	East Riding Leisure	NE210095	4
400 Freestyle	6:26.16	6:29.80	166	15/03/20	NAT Junior Para Swimming Champ 2020	Sunderland	NE201139	2
50 Breaststroke	54.53	55.10	95	11/06/21	BASC Time Night	Bridlington	NE210096	4
100 Breaststroke	1:56.94	1:58.00	105	23/06/19	Scarborough Seaside Splash Meet	Scarborough	NE190429	3
200 Breaststroke	4:47.57	4:49.40	72	03/12/18	BASC Club Championships 2018	EAST RIDING	NE182464	4
50 Butterfly	46.90	47.30	99	11/06/21	BASC Time Night	Bridlington	NE210096	4
100 Butterfly	1:47.10	1:47.80	88	11/06/21	BASC Time Night	Bridlington	NE210096	4
50 Backstroke	37.97	38.50	197	10/09/21	BASC Time Night	East Riding Leisure	NE210098	4
100 Backstroke	1:24.01	1:25.00	190	19/11/21	BASC Club Champs 2021	East Riding Leisure	NE210092	4
200 Backstroke	3:02.67	3:04.50	193	06/12/21	BASC Club Champs 2021	East Riding Leisure	NE210095	4
200 Individual Medley	3:40.19	3:42.00	123	13/07/19	BASC Seaside Special 2019	EAST RIDING LEISURE	NE191169	3