

Individual Best Times (All Time)

Lowri Whittaker - (1330842) - Preston Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.39	30.70	425	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
100 Freestyle	1:09.61	1:08.40	409	23/04/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220369	1
200 Freestyle	2:34.31	2:32.00	391	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
50 Breaststroke	41.09	40.30	357	11/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
50 Butterfly	34.64	34.10	350	01/05/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220369	1
100 Butterfly	1:19.49	1:18.50	339	29/01/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230071	1
200 Butterfly	3:03.35	3:01.60	293	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
50 Backstroke	35.14	34.60	446	04/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230072	1
100 Backstroke	1:17.43	1:16.40	405	11/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
200 Individual Medley	2:54.81	2:52.50	375	28/01/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230071	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.04	31.70	403	03/12/22	Preston SC Christmas Countdown Meet 2022	Darwen	NW222185	4
100 Freestyle	1:08.77	1:10.00	390	04/12/22	Preston SC Christmas Countdown Meet 2022	Darwen	NW222185	4
200 Freestyle	2:28.99	2:31.30	405	06/11/22	Preston SC Club CHampionships 2022	Preston	NW222186	4
50 Breaststroke	40.98	41.70	331	15/10/22	North Lancs S&WPA Level 2 Meet	Blackpool	NW221655	2
100 Breaststroke	1:34.47	1:35.80	287	06/11/22	Preston SC Club CHampionships 2022	Preston	NW222186	4
50 Butterfly	34.30	34.80	359	04/12/22	Preston SC Christmas Countdown Meet 2022	Darwen	NW222185	4
100 Butterfly	1:19.10	1:20.10	319	28/05/22	Blackpool Rocks 2022	Blackpool	NW220394	3
200 Butterfly	3:00.88	3:02.60	289	06/11/22	Preston SC Club CHampionships 2022	Preston	NW222186	4
50 Backstroke	35.38	35.90	363	20/11/22	Stockport Metro November Short Course Open Meet 22	Stockport	NW220396	2
100 Backstroke	1:15.33	1:16.40	386	04/12/22	Preston SC Christmas Countdown Meet 2022	Darwen	NW222185	4
200 Individual Medley	2:46.76	2:49.10	390	04/12/22	Preston SC Christmas Countdown Meet 2022	Darwen	NW222185	4
100 Individual Medley	1:19.05	1:19.10	365	03/07/22	Rotherham Metro A & B Grade Short Course Meet	Sheffield	NE220519	3