

Individual Best Times (All Time)

Daniel Kadlubowski - (1330635) - Staines Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.61	24.80	544	04/05/24	SE South East Region LC Championships 2024	High Wycombe	SE240686	1
100 Freestyle	56.69	55.20	564	04/02/24	2024 Middlesex County Championships	Hillingdon	LR240187	1
200 Freestyle	2:16.38	2:13.80	418	05/02/22	MIDDX County Championships 2022	Hillingdon LC	LR220143	1
50 Breaststroke	32.50	31.50	509	27/01/24	2024 Middlesex County Championships	London	LR240186	1
100 Breaststroke	1:14.94	1:13.20	437	03/02/24	2024 Middlesex County Championships	Hillingdon	LR240187	1
200 Breaststroke	2:53.95	2:50.90	375	27/01/24	2024 Middlesex County Championships	London	LR240186	1
50 Butterfly	28.50	27.80	477	06/01/24	Crawley Speedo New Year Gala L3 2024	Crawley	SE240145	3
100 Butterfly	1:09.38	1:08.30	362	03/12/22	RRSC Last Chance County Qualifier 22	Aldershot	SE222310	3
200 Individual Medley	2:34.45	2:31.90	402	28/01/24	2024 Middlesex County Championships	London	LR240186	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.35	26.20	502	04/11/23	SE South East Regional Winter Championships 2023	Winchester	SE232053	2
100 Freestyle	56.31	57.80	504	29/10/23	City of Oxford SC Halloween Meet 2023	Leys LC	SE231696	3
200 Freestyle	2:07.37	2:10.10	474	28/10/23	City of Oxford SC Halloween Meet 2023	Leys LC	SE231696	3
400 Freestyle	4:35.19	4:40.20	458	19/11/23	Staines SC Distance Club Champs 2023	Ascot	SE232410	4
50 Breaststroke	32.54	33.50	450	05/11/23	SE South East Regional Winter Championships 2023	Winchester	SE232053	2
100 Breaststroke	1:12.35	1:14.10	446	11/11/23	National Arena Swimming League - London 2023	Hatfield	ER231480	3
200 Breaststroke	2:48.75	2:51.90	361	18/06/23	Staines SC Club Champs 2023	St George's Ascot	SE231365	4
50 Butterfly	28.83	29.50	429	29/10/23	City of Oxford SC Halloween Meet 2023	Leys LC	SE231696	3
100 Butterfly	1:04.38	1:05.50	408	08/10/23	Epsom District Autumn Open Meet 2023	Epsom	SE231142	3
50 Backstroke	33.29	33.90	292	13/04/24	Rushmoor Royals Sprint Open Meet April 2024	Fleet	SE240422	3
100 Backstroke	1:09.76	1:10.90	332	18/06/23	Staines SC Club Champs 2023	St George's Ascot	SE231365	4
200 Individual Medley	2:21.82	2:24.60	461	11/11/23	National Arena Swimming League - London 2023	Hatfield	ER231480	3
100 Individual Medley	1:04.54	1:04.50	445	04/11/23	SE South East Regional Winter Championships 2023	Winchester	SE232053	2