

Individual Best Times (All Time)

Phoebe Agar - (1328558) - South Holderness SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.05	33.40	333	13/05/18	Rotherham Metro Springtime Long Course Meet	Sheffield	NE180132	3
100 Freestyle	1:17.53	1:16.40	296	11/03/18	Jorvik Spring Festival 2018	Leeds	NE180441	3
200 Freestyle	2:45.95	2:43.80	314	13/05/18	Rotherham Metro Springtime Long Course Meet	Sheffield	NE180132	3
50 Breaststroke	53.80	53.20	159	06/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	NE170390	3
100 Breaststroke	1:49.46	1:48.30	201	13/05/18	Rotherham Metro Springtime Long Course Meet	Sheffield	NE180132	3
50 Backstroke	42.84	42.40	246	13/05/18	Rotherham Metro Springtime Long Course Meet	Sheffield	NE180132	3
100 Backstroke	1:32.61	1:31.70	237	11/03/18	Jorvik Spring Festival 2018	Leeds	NE180441	3
200 Individual Medley	3:23.06	3:21.10	239	11/03/18	Jorvik Spring Festival 2018	Leeds	NE180441	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.20	34.80	301	01/03/20	SHSC Club Championships Gala 1	South Holderness	NE200706	4
100 Freestyle	1:16.08	1:17.20	288	15/03/20	Beverley Barracudas Sprints Gala	Beverley	NE200277	3
200 Freestyle	2:45.98	2:48.10	293	07/04/18	KUHSC A B Easter Short Course Meet 2018	Ennerdale	NE180440	3
400 Freestyle	5:46.41	5:50.40	297	03/06/18	Hull and District Championships	Ennerdale LC	NE181024	4
800 Freestyle	12:05.12	12:13.10	285	17/06/18	South Holderness Summer Time Trials	South Holderness	NE181154	4
50 Breaststroke	47.74	48.40	209	04/03/18	Doncaster Dartes March Sprint	Adwick	NE180373	3
100 Breaststroke	1:43.06	1:44.30	221	03/06/18	Hull and District Championships	Ennerdale LC	NE181024	4
200 Breaststroke	3:40.32	3:42.70	227	29/04/18	South Holderness Club Championships Gala 2	South Holderness	NE181159	4
50 Butterfly	39.93	40.40	227	15/03/20	Beverley Barracudas Sprints Gala	Beverley	NE200277	3
100 Butterfly	1:40.63	1:41.40	154	12/11/17	SHSC Club Championships - Gala 4	South Holderness	NE170921	4
200 Butterfly	3:58.15	3:59.50	126	21/05/17	SHSC Club Championships - Gala 2	South Holderness	NE170919	4
50 Backstroke	40.35	40.80	245	15/03/20	Beverley Barracudas Sprints Gala	Beverley	NE200277	3
100 Backstroke	1:27.46	1:28.40	247	22/04/18	South Holderness Club Championships Gala 1	South Holderness	NE181160	4
200 Backstroke	3:17.83	3:19.50	217	12/11/17	SHSC Club Championships - Gala 4	South Holderness	NE170921	4
200 Individual Medley	3:12.15	3:14.20	255	22/04/18	South Holderness Club Championships Gala 1	South Holderness	NE181160	4
400 Individual Medley	6:47.32	6:51.60	256	17/12/17	SHSC Club Championships - Gala 6	South Holderness	NE170923	4
100 Individual Medley	1:28.08	1:28.10	264	04/03/18	Doncaster Dartes March Sprint	Adwick	NE180373	3