

# Individual Best Times (All Time)

Imogen Lawrence - (1328312) - Cirencester SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.03	30.30	440	08/09/21	City of Coventry 50m Sprints 2021	Coventry	WM210390	3
100 Freestyle	1:07.94	1:06.70	440	16/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230117	1
50 Breaststroke	37.64	36.80	464	03/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
100 Breaststroke	1:23.71	1:22.20	449	14/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230116	1
200 Breaststroke	3:02.18	2:59.30	430	17/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230117	1
50 Butterfly	32.23	31.60	435	06/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
100 Butterfly	1:18.30	1:17.30	355	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230116	1
50 Backstroke	33.95	33.40	495	17/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230117	1
100 Backstroke	1:14.80	1:13.70	450	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230116	1
200 Backstroke	2:41.41	2:39.30	444	18/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230118	1
200 Individual Medley	2:45.38	2:43.00	443	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230116	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.70	30.40	460	02/04/22	Oxford Regional Qualifier	Oxford	SE220640	3
100 Freestyle	1:04.75	1:06.00	467	30/10/21	City of Oxford SC Halloween Open Meet	Oxford	SE210887	3
200 Freestyle	2:26.81	2:29.20	424	01/07/21	Four Shires	Kingham Hill School	LEX2892	0
400 Freestyle	5:18.79	5:23.20	381	17/11/22	4 Shires Autumn Club Championships	Kingham Hill School	SE221968	4
800 Freestyle	11:06.23	11:14.90	367	04/11/21	Four Shires SC Championships 2021	Chipping Norton	SE211034	4
1500 Freestyle	21:53.77	22:09.40	330	11/11/21	Four Shires SC Championships 2021	Chipping Norton	SE211035	4
50 Breaststroke	36.53	37.40	468	24/09/23	Gloucester City SC Autumn Level 3 Sprint Meet 2023	Gloucester	SW231616	3
100 Breaststroke	1:20.17	1:21.70	470	19/03/23	Gloucester City SC Spring L3 Open Meet 2023	Gloucester	SW230338	3
200 Breaststroke	2:55.25	2:58.20	452	01/04/23	Tigersharks Spring L3 Open Meet 2023	Link Centre	SW230084	3
50 Butterfly	31.26	31.90	474	28/10/23	City of Bristol L3 Halloween Spooktacular 2023	Bristol	SW231727	3
100 Butterfly	1:11.27	1:12.30	436	30/10/22	City Of Bristol Halloween Spooktacular 2022	Hengrove Park	SW221936	3
200 Butterfly	3:06.33	3:08.00	264	20/06/23	Cirencester 2023 Club Championships	Ciren	SW230808	4
50 Backstroke	32.32	32.90	476	30/10/21	City of Oxford SC Halloween Open Meet	Oxford	SE210887	3
100 Backstroke	1:10.90	1:12.00	464	19/03/23	Gloucester City SC Spring L3 Open Meet 2023	Gloucester	SW230338	3
200 Backstroke	2:37.03	2:39.10	434	09/06/21	Four Shires	Kingham Hill	LEX1979	0
200 Individual Medley	2:37.68	2:40.20	461	05/02/22	Oxfordshire&North Buckinghamshire County Champs 22	Aylesbury	SE220024	2
400 Individual Medley	5:41.72	5:46.80	435	10/01/22	Oxfordshire&North Buckinghamshire County Champs 22	Aylesbury	SE220023	2
100 Individual Medley	1:13.40	1:13.40	456	18/09/22	Gloucester City SC Autumn Level 3 Sprint Meet	Gloucester	SW221389	3