

Individual Best Times (All Time)

Hannah Larmour - (1328178) - Blackburn Centurion SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.95	29.20	489	01/05/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220369	1
100 Freestyle	1:07.14	1:05.90	456	30/01/22	Lancs County Age Groups & Championships 2022	Wavertree LC	NW220240	1
200 Freestyle	2:36.14	2:33.90	377	25/07/21	North West Summer Festival of Swimming	Manchester	NW210291	1
200 Breaststroke	3:50.40	3:48.10	212	06/07/19	MANCHESTER SUMMER NON NATIONAL MEET	MANCHESTER	NW190444	3
50 Butterfly	34.61	34.10	351	29/01/22	Lancs County Age Groups & Championships 2022	Wavertree LC	NW220240	1
100 Butterfly	1:19.81	1:18.90	335	25/07/21	North West Summer Festival of Swimming	Manchester	NW210291	1
50 Backstroke	35.63	35.10	428	29/01/22	Lancs County Age Groups & Championships 2022	Wavertree LC	NW220240	1
100 Backstroke	1:18.16	1:17.10	394	11/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.45	30.20	472	02/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
100 Freestyle	1:06.32	1:07.60	434	05/12/21	Preston SC Christmas Countdown	Darwen	NW211318	3
200 Freestyle	2:35.92	2:38.10	354	07/07/21	Blackburn Centurions	Blackburn	LEX3023	0
50 Breaststroke	39.39	40.20	373	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3
100 Breaststroke	1:28.22	1:29.60	353	06/01/24	Bobcats 'Last Chance County Qualifier' 2024	Darwen	NW240046	3
200 Breaststroke	3:19.50	3:22.10	306	20/11/21	Blackpool Lights 2021	Blackpool	NW210319	3
50 Butterfly	33.27	33.80	393	03/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
100 Butterfly	1:14.02	1:15.00	389	07/01/24	Bobcats 'Last Chance County Qualifier' 2024	Darwen	NW240046	3
50 Backstroke	34.24	34.80	401	07/01/24	Bobcats 'Last Chance County Qualifier' 2024	Darwen	NW240046	3
100 Backstroke	1:15.54	1:16.60	383	04/12/22	Preston SC Christmas Countdown Meet 2022	Darwen	NW222185	4
200 Backstroke	2:57.23	2:59.10	302	07/07/21	Blackburn Centurions	Blackburn Leisure Ce	LEX3053	0
200 Individual Medley	2:47.56	2:49.90	384	04/12/22	Preston SC Christmas Countdown Meet 2022	Darwen	NW222185	4
100 Individual Medley	1:15.95	1:16.00	411	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3