

# Individual Best Times (All Time)

Flynn Clark - (1326828) - Ripley SC (rascals)

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.58	28.90	353	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Freestyle	1:04.28	1:03.00	387	04/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
50 Breaststroke	40.79	40.00	257	02/03/24	Worksop Dolphins The Dukeries Open Meet 2024	Sheffield	EM240326	3
100 Breaststroke	1:31.40	1:30.00	241	03/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
50 Butterfly	32.65	32.10	317	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Butterfly	1:17.09	1:16.10	263	11/02/24	Derbyshire ASA County Championships 2024	Derby	EM240092	1
50 Backstroke	35.14	34.60	301	03/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.36	30.10	323	22/06/24	5th Frank Mansey Memorial Open Meet 2024	Alfreton	EM240613	3
100 Freestyle	1:03.59	1:04.90	350	24/03/24	Bakewell Swimming Club 2nd Spring Open Meet 2024	Matlock	EM240262	3
200 Freestyle	3:03.69	3:05.60	158	09/10/22	Ripley Rascals Club Championships 2022	Alfreton Leisure	EM221728	4
50 Breaststroke	39.39	40.20	254	24/03/24	Bakewell Swimming Club 2nd Spring Open Meet 2024	Matlock	EM240262	3
100 Breaststroke	1:28.93	1:30.30	240	24/03/24	Bakewell Swimming Club 2nd Spring Open Meet 2024	Matlock	EM240262	3
50 Butterfly	32.03	32.60	313	22/06/24	5th Frank Mansey Memorial Open Meet 2024	Alfreton	EM240613	3
100 Butterfly	1:17.83	1:18.80	231	07/01/24	Ripley Rascals 51st Anniversary Open Meet 2024	Matlock	EM240027	3
50 Backstroke	34.76	35.30	257	22/06/24	5th Frank Mansey Memorial Open Meet 2024	Alfreton	EM240613	3
100 Individual Medley	1:14.23	1:14.20	292	22/06/24	5th Frank Mansey Memorial Open Meet 2024	Alfreton	EM240613	3