

# Individual Best Times (All Time)

Sophia Fitzpatrick - (1326647) - Bristol Penguin Olympic SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.13	30.50	436	12/03/23	Swansea Aquatic Spring LC Meet 2023	Swansea	WL230125	1
100 Freestyle	1:06.37	1:05.10	472	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
200 Freestyle	2:22.35	2:19.90	498	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240063	1
800 Freestyle	12:02.98	11:54.90	301	29/01/22	Gloucester County Championships 2022	Hengrove LC	SW220073	1
50 Breaststroke	36.91	36.00	493	04/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
100 Breaststroke	1:17.83	1:16.20	559	06/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
200 Breaststroke	2:46.14	2:42.90	567	05/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
50 Butterfly	30.64	30.00	506	06/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
100 Butterfly	1:07.95	1:06.80	544	04/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
50 Backstroke	33.61	33.00	510	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
100 Backstroke	1:14.66	1:13.60	452	05/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
200 Backstroke	2:38.32	2:36.20	470	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240063	1
200 Individual Medley	2:39.76	2:37.30	491	14/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
400 Individual Medley	5:25.76	5:20.30	543	04/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.78	30.50	456	29/10/23	City of Bristol L3 Halloween Spooktacular 2023	Bristol	SW231727	3
100 Freestyle	1:05.80	1:07.10	445	16/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield	SW221660	2
200 Freestyle	2:21.10	2:23.50	477	24/06/23	Keynsham & Bristol Penguins Summer Championships	Bristol	SW231069	4
400 Freestyle	5:20.37	5:24.70	376	25/06/22	Keynsham & Bristol Penguins Low L4 Summer Champs	Hengrove	SW220944	4
800 Freestyle	10:54.09	11:02.90	388	13/11/22	Gloucester County ASA Distance Meet 2022	Bristol	SW222111	3
50 Breaststroke	35.92	36.80	492	08/06/24	Bristol Penguins & Keynsham Summer Champs 2024	Bristol	SW241032	3
100 Breaststroke	1:15.17	1:16.80	570	08/06/24	Bristol Penguins & Keynsham Summer Champs 2024	Bristol	SW241032	3
200 Breaststroke	2:38.78	2:42.10	608	09/06/24	Bristol Penguins & Keynsham Summer Champs 2024	Bristol	SW241032	3
50 Butterfly	30.55	31.20	508	09/06/24	Bristol Penguins & Keynsham Summer Champs 2024	Bristol	SW241032	3
100 Butterfly	1:10.52	1:11.60	450	25/11/23	Bristol Penguins & Keynsham Autumn Sprint Meet 23	Bristol	SW232177	3
200 Butterfly	2:37.83	2:39.80	435	09/06/24	Bristol Penguins & Keynsham Summer Champs 2024	Bristol	SW241032	3
50 Backstroke	34.60	35.20	388	26/11/22	Keynsham & Bristol Penguins Autumn Sprint Meet 22	Bristol	SW222202	3
100 Backstroke	1:12.58	1:13.70	432	25/11/23	Bristol Penguins & Keynsham Autumn Sprint Meet 23	Bristol	SW232177	3
200 Backstroke	2:39.99	2:42.10	410	24/06/23	Keynsham & Bristol Penguins Summer Championships	Bristol	SW231069	4
200 Individual Medley	2:31.39	2:34.00	521	08/06/24	Bristol Penguins & Keynsham Summer Champs 2024	Bristol	SW241032	3
400 Individual Medley	5:19.59	5:25.00	531	30/03/24	Soundwell SC Regional Qualifier	Weston-Super-Mare	SW240364	3
100 Individual Medley	1:11.35	1:11.30	496	28/10/23	City of Bristol L3 Halloween Spooktacular 2023	Bristol	SW231727	3