

Individual Best Times (All Time)

Mia Crocker - (1325149) - Middlesbrough SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.64	32.00	378	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Breaststroke	41.47	40.70	347	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
100 Breaststroke	1:27.87	1:26.40	388	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
200 Breaststroke	3:11.11	3:08.30	372	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
50 Butterfly	35.49	35.00	326	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
100 Backstroke	1:26.85	1:25.90	287	07/07/19	City of Sunderland ASC Summer Splash 2019	Sunderland	NE192020	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.52	32.20	384	11/12/21	Middlesbrough Christmas 2021 Meet	Middlesbrough	NE211080	3
100 Freestyle	1:08.80	1:10.00	389	09/07/23	Middlesbrough ASC Club Championships 2023	Middlesbrough	NE230779	4
200 Freestyle	2:37.55	2:39.70	343	11/12/21	Middlesbrough Christmas 2021 Meet	Middlesbrough	NE211080	3
400 Freestyle	5:29.48	5:33.70	345	30/11/19	NASC Winter Meet	Eston Leisure Centre	NE191182	4
800 Freestyle	11:37.46	11:45.70	320	14/07/19	Middlesbrough Time Trail Gala	Middlesbrough	NE192226	4
50 Breaststroke	39.35	40.10	374	11/03/23	Middlesbrough ASC March 2023 Meet	Middlesbrough	NE230451	3
100 Breaststroke	1:24.95	1:26.40	395	11/03/23	Middlesbrough ASC March 2023 Meet	Middlesbrough	NE230451	3
200 Breaststroke	3:03.59	3:06.40	393	09/06/24	Middlesbrough ASC June Meet 2024	Middlesbrough	NE240090	3
50 Butterfly	33.93	34.50	370	17/12/22	Middlesbrough ASC December 2022 Meet	Middlesbrough	NE221886	3
100 Butterfly	1:16.06	1:17.10	358	09/03/24	Middlesbrough ASC March 2024 Meet	Middlesbrough	NE240019	3
50 Backstroke	37.31	37.80	309	23/05/21	Middlesbrough	Neptune Centre	LEX1220	0
100 Backstroke	1:19.36	1:20.40	330	11/12/21	Middlesbrough Christmas 2021 Meet	Middlesbrough	NE211080	3
200 Backstroke	2:52.25	2:54.20	329	12/03/22	Middlesbrough AA Grade 2022 Gala	Middlesbrough	NE220029	3
200 Individual Medley	2:46.93	2:49.30	389	11/06/23	Middlesbrough ASC June 2023 Meet	Middlesbrough	NE230452	3
100 Individual Medley	1:16.76	1:16.80	398	22/10/23	Middlesbrough ASC Halloween Meet 2023	Middlesbrough	NE231614	3