

# Individual Best Times (All Time)

Ava Kiernan - (1324822) - Gateshead & Whickham SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.54	32.90	348	01/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	NE230413	1
100 Freestyle	1:12.64	1:11.50	360	14/04/24	City of Sunderland National Qualifier 2024	Sunderland	NE240694	1
50 Butterfly	32.67	32.10	418	21/01/24	City of Sunderland ASC New Year Meet 2024	Sunderland	NE240152	1
100 Butterfly	1:13.67	1:12.60	427	13/04/24	City of Sunderland National Qualifier 2024	Sunderland	NE240694	1
200 Butterfly	2:51.65	2:49.80	357	14/04/24	City of Sunderland National Qualifier 2024	Sunderland	NE240694	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.94	32.60	370	14/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	NE240119	3
100 Freestyle	1:09.44	1:10.60	378	17/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
200 Freestyle	2:34.39	2:36.60	364	14/07/23	Gateshead & Whickham ASC Summer Meet 2023	Gateshead	NE231253	3
800 Freestyle	11:23.96	11:32.40	340	15/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
50 Breaststroke	39.68	40.50	365	17/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
100 Breaststroke	1:27.35	1:28.80	363	15/07/23	Gateshead & Whickham ASC Summer Meet 2023	Gateshead	NE231253	3
200 Breaststroke	3:07.43	3:10.20	370	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
50 Butterfly	32.26	32.80	431	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
100 Butterfly	1:11.60	1:12.70	430	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
200 Butterfly	2:44.79	2:46.70	382	16/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
50 Backstroke	37.12	37.70	314	19/05/24	Durham City Aquatics Sprint & Relay Meet 2024	Durham	NE240949	3
100 Backstroke	1:27.40	1:28.30	247	15/07/23	Gateshead & Whickham ASC Summer Meet 2023	Gateshead	NE231253	3
200 Individual Medley	2:49.57	2:51.90	371	25/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3
100 Individual Medley	1:18.35	1:18.30	375	26/05/24	South Tyneside 2024 Spring Meet	South Shields	NE240614	3