

Individual Best Times (All Time)

Oreifeoluwa Johnson - (1322760) - Basildon and Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.98	30.30	442	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1
100 Freestyle	1:08.60	1:07.40	428	09/03/24	Putteridge SC Spring LC National Qualifier 2024	Luton	ER240200	1
200 Freestyle	2:36.66	2:34.40	373	09/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
400 Freestyle	5:25.61	5:21.30	377	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
50 Breaststroke	47.80	47.10	227	01/04/23	NUEL SC National Qualifier Open Meet 2023	Stratford	LR230468	1
50 Butterfly	37.08	36.60	285	24/03/24	Newham & UEL SC National Qualifier Open Meet 2024	Stratford	LR240111	1
50 Backstroke	36.77	36.20	389	09/03/24	Putteridge SC Spring LC National Qualifier 2024	Luton	ER240200	1
100 Backstroke	1:20.60	1:19.60	359	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1
200 Backstroke	2:59.22	2:57.30	324	02/04/23	NUEL SC National Qualifier Open Meet 2023	Stratford	LR230468	1
200 Individual Medley	3:08.91	3:06.80	297	17/07/22	Team Luton Summer Long Course Meet 2022	Luton	ER220185	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.09	31.80	401	15/10/22	Essex Winter Championships 2022	Basildon	ER221475	2
100 Freestyle	1:08.39	1:09.60	396	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Freestyle	2:29.24	2:31.60	403	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
400 Freestyle	5:15.27	5:19.70	394	12/03/23	Basildon & Phoenix Spring Regional Qualifier 2023	Basildon	ER230399	3
800 Freestyle	11:02.31	11:11.00	374	24/02/23	SE Essex Age Group County Championships 2023	Saphire I&L	ER230219	2
50 Breaststroke	45.34	46.00	244	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
100 Breaststroke	1:47.67	1:48.80	194	02/10/22	Romford Town SC Autumn Season Opener Meet 2022	Essex	LR221332	3
50 Butterfly	35.54	36.10	322	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
100 Butterfly	1:25.77	1:26.70	250	04/12/22	Colchester Last Chance County Qualifier	Braintree	ER221322	3
200 Butterfly	3:47.58	3:49.00	145	03/06/23	Chelmsford City SC Summer Sprints Meet 2023	Riverside	ER230497	3
50 Backstroke	36.03	36.60	344	10/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	ER232491	3
100 Backstroke	1:18.20	1:19.20	345	09/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	ER232491	3
200 Backstroke	2:48.72	2:50.70	350	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Individual Medley	3:00.07	3:02.30	309	03/12/22	Colchester Last Chance County Qualifier	Braintree	ER221322	3
100 Individual Medley	1:19.52	1:19.50	358	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3