

Individual Best Times (All Time)

Benjamin Elliott - (1322397) - Leamington Spa SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.06	26.30	461	11/03/23	Derwentio eXcel Early March Meet 2023	Sheffield	EM230151	1
100 Freestyle	59.31	57.90	493	11/03/23	Derwentio eXcel Early March Meet 2023	Sheffield	EM230151	1
200 Freestyle	2:13.57	2:10.90	445	04/02/23	Warwickshire Swimming Championships 2023	Coventry	WM230053	1
50 Breaststroke	33.38	32.40	469	06/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
100 Breaststroke	1:13.37	1:11.60	465	11/03/23	Derwentio eXcel Early March Meet 2023	Sheffield	EM230151	1
200 Breaststroke	2:50.39	2:47.30	399	30/04/23	West Midland Regional Summer Championships 2023	Coventry	WM230351	1
50 Butterfly	31.38	30.80	357	21/01/23	Warwickshire Swimming Championships 2023	Coventry	WM230052	1
100 Butterfly	1:09.54	1:08.40	359	04/02/23	Warwickshire Swimming Championships 2023	Coventry	WM230053	1
50 Backstroke	35.64	35.10	288	03/09/22	Chelsea & Westminster Sprint with the Stars 2022	London	LR221339	3
200 Backstroke	3:09.48	3:07.70	206	26/01/20	Warwickshire ASA Championships	Coventry	WM200115	1
200 Individual Medley	2:32.59	2:30.00	417	04/02/23	Warwickshire Swimming Championships 2023	Coventry	WM230053	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.46	27.20	442	23/06/24	Nuneaton & Bedworth End of Season Open Meet 2024	Nuneaton	WM240690	3
100 Freestyle	58.06	59.50	460	04/11/23	SE West Midlands Winter Championships 2023	Sandwell	WM232038	2
200 Freestyle	2:10.98	2:13.60	436	03/12/22	Soundwell Swimming Club County Qualifier	GL1 LC	SW221448	3
400 Freestyle	4:43.59	4:48.50	419	01/10/22	Coventry & District ASC October Swim Meet	Coventry	WM221156	3
50 Breaststroke	32.17	33.10	466	04/11/23	SE West Midlands Winter Championships 2023	Sandwell	WM232038	2
100 Breaststroke	1:11.74	1:13.50	457	05/11/23	SE West Midlands Winter Championships 2023	Sandwell	WM232038	2
200 Breaststroke	2:40.83	2:44.10	417	02/12/23	City of Coventry Winter Meet 2023	Coventry	WM231042	3
50 Butterfly	29.78	30.40	389	23/06/24	Nuneaton & Bedworth End of Season Open Meet 2024	Nuneaton	WM240690	3
100 Butterfly	1:08.40	1:09.50	340	11/11/23	National Arena Swim League WM Premier Div Rd 2	Perdiswell LC	WM231842	4
50 Backstroke	32.97	33.60	301	23/06/24	Nuneaton & Bedworth End of Season Open Meet 2024	Nuneaton	WM240690	3
100 Backstroke	1:30.29	1:31.20	153	08/12/19	Wyre Forest Rock the Blocks County Qualifier	Wolverhampton	WM191793	3
200 Backstroke	3:15.09	3:16.80	158	08/09/19	Stratford Sharks Club Championships 2019	Warwick	WM192261	4
200 Individual Medley	2:24.24	2:26.90	439	23/06/24	Nuneaton & Bedworth End of Season Open Meet 2024	Nuneaton	WM240690	3
100 Individual Medley	1:06.76	1:06.80	402	01/07/23	Stratford Sharks SC Mike Wardle Sprints 2023	Redditch	WM231004	4