

Individual Best Times (All Time)

Leo Halmshaw - (1319632) - Radford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.11	33.50	230	21/01/24	Nottinghamshire ASA County Championships 2024	Nottingham	EM240094	1
100 Freestyle	1:15.17	1:14.00	242	24/02/24	Nottinghamshire ASA County Championships 2024	Nottingham	EM240096	1
400 Freestyle	5:40.19	5:36.00	270	03/02/24	Nottinghamshire ASA County Championships 2024	Nottingham	EM240095	1
800 Freestyle	12:34.30	12:26.60	215	05/02/23	Nottinghamshire ASA County Championships 2023	Nottingham	EM230410	1
50 Butterfly	43.41	43.00	135	04/02/23	Nottinghamshire ASA County Championships 2023	Nottingham	EM230410	1
50 Backstroke	36.75	36.20	263	09/03/24	NOVA Centurion March National Qualifier 2024	Nottingham	EM240290	1
100 Backstroke	1:20.28	1:19.30	265	20/01/24	Nottinghamshire ASA County Championships 2024	Nottingham	EM240094	1
200 Backstroke	2:47.73	2:45.70	297	09/03/24	NOVA Centurion March National Qualifier 2024	Nottingham	EM240290	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.50	34.10	217	15/06/24	Nottinghamshire ASA Stage 2 Gala	Hucknall	EM240376	4
100 Freestyle	1:12.43	1:13.60	237	18/05/24	Nottinghamshire Sports Centre League Division 1	Hucknall	EM240392	4
200 Freestyle	2:44.24	2:46.30	221	13/10/23	Radford SC Club Championships & Time Trials 2023	Harvey Hadden	EM232246	4
400 Freestyle	5:44.97	5:49.00	232	13/12/23	Radford SC Xmas Time Trials 2023	Nottingham	EM232611	4
800 Freestyle	12:29.00	12:36.70	207	07/12/22	Radford SC Christmas Time Trials 2022	Ken Martin LC	EM222532	4
50 Breaststroke	49.77	50.40	125	19/11/23	Mansfield SC Major Oak Open Meet 2023	Water Meadows	EM230947	3
100 Breaststroke	1:46.93	1:48.10	138	18/10/23	Radford SC Club Championships & Time Trials 2023	Ken Martin	EM232247	4
200 Breaststroke	3:58.42	4:00.60	128	18/10/23	Radford SC Club Championships & Time Trials 2023	Ken Martin	EM232247	4
50 Butterfly	40.79	41.30	151	11/12/23	Radford SC Xmas Time Trials 2023	Nottingham	EM232610	4
100 Butterfly	1:43.72	1:44.50	97	10/11/23	Radford SC Club Championships & Time Trials 2023	Harvey Hadden	EM232249	4
200 Butterfly	4:06.54	4:07.80	81	11/10/22	Radford SC Club Championships 2022	Radford	EM222131	4
50 Backstroke	35.81	36.40	235	15/06/24	Nottinghamshire ASA Stage 2 Gala	Hucknall	EM240376	4
100 Backstroke	1:16.31	1:17.40	254	18/05/24	Nottinghamshire Sports Centre League Division 1	Hucknall	EM240392	4
200 Backstroke	2:49.53	2:51.50	241	18/10/23	Radford SC Club Championships & Time Trials 2023	Ken Martin	EM232247	4
200 Individual Medley	3:40.81	3:42.60	122	05/10/22	Radford SC Club Championships 2022	Radford	EM222130	4
400 Individual Medley	7:44.17	7:48.00	129	04/10/22	Radford SC Club Championships 2022	Radford	EM222130	4
100 Individual Medley	1:27.57	1:27.60	178	08/11/23	Radford SC Club Championships & Time Trials 2023	Ken Martin	EM232248	4