

# Individual Best Times (All Time)

Lily Abbey - (1318080) - Ashington SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	51.00	51.40	90	14/01/18	Newcastle Swim Team Invitational Shrimp Meet	Stanley	NE180530	4
50 Breaststroke	58.16	58.70	116	14/01/18	Newcastle Swim Team Invitational Shrimp Meet	Stanley	NE180530	4
50 Butterfly	59.44	59.80	69	14/01/18	Newcastle Swim Team Invitational Shrimp Meet	Stanley	NE180530	4
50 Backstroke	53.17	53.50	107	14/01/18	Newcastle Swim Team Invitational Shrimp Meet	Stanley	NE180530	4
100 Individual Medley	2:01.18	2:01.20	101	14/01/18	Newcastle Swim Team Invitational Shrimp Meet	Stanley	NE180530	4