

# Individual Best Times (All Time)

Amy Barrett - (1314475) - Severnside Tritons Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.59	30.90	417	13/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
100 Freestyle	1:09.58	1:08.40	410	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
200 Freestyle	2:29.36	2:27.00	431	18/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230118	1
400 Freestyle	5:06.77	5:02.20	451	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
800 Freestyle	10:40.28	10:31.20	434	10/03/23	National Preparation Meet L1 2023	Millfield	SW230350	1
1500 Freestyle	21:19.57	21:03.30	372	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240063	1
50 Breaststroke	39.28	38.50	409	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
100 Breaststroke	1:29.41	1:28.00	368	13/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
200 Breaststroke	4:09.75	4:07.60	167	16/02/19	Cardiff Closed Invitational Meet 2019	Cardiff	WL190019	3
50 Butterfly	41.06	40.60	210	19/01/20	Gloucester County Championships	Hengrove, Bristol	SW200241	1
100 Butterfly	1:46.69	1:46.00	140	17/02/19	Cardiff Closed Invitational Meet 2019	Cardiff	WL190019	3
50 Backstroke	37.40	36.90	370	17/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230117	1
100 Backstroke	1:20.99	1:20.00	354	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230116	1
200 Backstroke	2:53.65	2:51.70	356	18/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230118	1
200 Individual Medley	3:38.31	3:36.50	192	16/02/19	Cardiff Closed Invitational Meet 2019	Cardiff	WL190019	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.11	31.80	400	03/06/23	Ange Marling Memorial Level 3 Meet 2023	Hutton Moor LC	SW230348	3
100 Freestyle	1:07.71	1:08.90	408	14/10/23	National Arena Swimming League Western 2023 Gala 1	Millfield	SW232336	4
200 Freestyle	2:27.64	2:30.00	417	03/06/23	Ange Marling Memorial Level 3 Meet 2023	Hutton Moor LC	SW230348	3
400 Freestyle	4:56.94	5:01.60	472	18/11/23	Severnside Tritons November Sparkler L3 Meet 2023	Hutton Moor LC	SW231698	3
800 Freestyle	10:57.76	11:06.50	382	13/11/22	Gloucester County ASA Distance Meet 2022	Bristol	SW222111	3
1500 Freestyle	20:16.95	20:33.80	415	20/10/23	Gloucester City SC Autumn L3 Distance Meet 2023	Gloucester	SW231828	3
50 Breaststroke	39.61	40.40	367	18/11/23	Severnside Tritons November Sparkler L3 Meet 2023	Hutton Moor LC	SW231698	3
100 Breaststroke	1:26.99	1:28.40	368	11/11/23	National Arena Swimming League Western 2023 Gala 2	Plymouth	SW232341	4
200 Breaststroke	3:19.94	3:22.60	304	29/04/23	Spring Open Meet 2023	Newport	WL230128	2
50 Butterfly	36.02	36.50	310	04/06/22	Severnside Tritons Ange Marling Memorial L3 Meet	Hutton Moor LC	SW220451	3
100 Butterfly	1:24.13	1:25.00	265	30/04/23	Spring Open Meet 2023	Newport	WL230128	2
200 Butterfly	3:33.81	3:35.30	175	24/06/21	Severnside Tritons	Stratford Park	LEX2372	0
50 Backstroke	35.98	36.50	345	29/04/23	Spring Open Meet 2023	Newport	WL230128	2
100 Backstroke	1:17.06	1:18.10	361	30/04/23	Spring Open Meet 2023	Newport	WL230128	2
200 Backstroke	2:45.99	2:48.00	367	18/11/23	Severnside Tritons November Sparkler L3 Meet 2023	Hutton Moor LC	SW231698	3
200 Individual Medley	2:51.01	2:53.30	361	05/06/22	Severnside Tritons Ange Marling Memorial L3 Meet	Hutton Moor LC	SW220451	3
400 Individual Medley	6:16.60	6:21.20	325	19/12/21	Yeovil & District SC Christmas Open Meet 2021	Millfield	SW211336	3
100 Individual Medley	1:19.13	1:19.10	364	05/06/22	Severnside Tritons Ange Marling Memorial L3 Meet	Hutton Moor LC	SW220451	3