

# Individual Best Times (All Time)

Caoilinn Robinson - (1310800) - Lerwick ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.11	30.40	437	04/02/23	ND Age Group Championships 2023 R1	Aberdeen	SCO1977	1
100 Freestyle	1:05.19	1:03.90	499	03/03/24	North District Age Groups Rd 2 2024	Aberdeen	SCO2159	1
200 Freestyle	2:24.17	2:21.70	479	02/03/24	North District Age Groups Rd 2 2024	Aberdeen	SCO2159	1
400 Freestyle	5:05.55	5:00.90	457	27/03/22	North District Age Group Champs 2022	Aberdeen	SCO1876	1
800 Freestyle	10:52.47	10:43.50	410	03/02/23	ND Age Group Championships 2023 R2	Aberdeen	SCO1987	1
1500 Freestyle	19:32.15	19:14.40	484	03/03/24	North District Age Groups Rd 2 2024	Aberdeen	SCO2159	1
50 Butterfly	37.18	36.70	283	27/03/22	North District Age Group Champs 2022	Aberdeen	SCO1876	1
100 Butterfly	1:24.43	1:23.50	283	26/03/22	North District Age Group Champs 2022	Aberdeen	SCO1876	1
50 Backstroke	35.71	35.10	425	05/02/23	ND Age Group Championships 2023 R1	Aberdeen	SCO1977	1
100 Backstroke	1:21.10	1:20.10	353	04/02/23	ND Age Group Championships 2023 R1	Aberdeen	SCO1977	1
200 Individual Medley	2:59.32	2:57.10	347	26/03/22	North District Age Group Champs 2022	Aberdeen	SCO1876	1
400 Individual Medley	6:20.49	6:15.80	341	05/02/23	ND Age Group Championships 2023 R1	Aberdeen	SCO1977	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.80	30.50	455	17/03/24	Shetland Sprints 2024	Clickimin	SCO2167	2
100 Freestyle	1:03.15	1:04.50	503	19/11/23	Shetland GTS Winter Meet 2023	Shetland	SCO2093	3
200 Freestyle	2:17.97	2:20.50	511	15/06/24	T L Dallas Midsummer Meet 2024	Lerwick	SCO2208	2
400 Freestyle	4:50.69	4:55.50	503	18/02/24	H. Williamson & Sons Meet 2024	Lerwick	SCO2152	2
800 Freestyle	9:59.19	10:08.80	505	15/06/24	T L Dallas Midsummer Meet 2024	Lerwick	SCO2208	2
1500 Freestyle	18:52.22	19:10.30	516	14/06/24	T L Dallas Midsummer Meet 2024	Lerwick	SCO2208	2
50 Breaststroke	43.27	44.00	281	17/03/24	Shetland Sprints 2024	Clickimin	SCO2167	2
100 Breaststroke	1:34.91	1:36.20	283	21/01/24	Shetland Hurricanes Pentaqua 2024	Clickimin, Shetland	SCO2134	2
200 Breaststroke	4:14.64	4:16.70	147	20/10/19	Alloa Graded Meet 2019	Stirling	SCO1736	2
50 Butterfly	33.98	34.50	369	19/03/23	Shetland Sprints 2023	Shetland	SCO1998	2
100 Butterfly	1:19.49	1:20.40	314	21/01/24	Shetland Hurricanes Pentaqua 2024	Clickimin, Shetland	SCO2134	2
200 Butterfly	2:54.96	2:56.80	319	16/06/24	T L Dallas Midsummer Meet 2024	Lerwick	SCO2208	2
50 Backstroke	33.17	33.80	441	02/06/24	Junior Inter-County	Kirkwall	SCO2200	2
100 Backstroke	1:15.40	1:16.50	385	28/04/24	Shetland Junior Inter-county Meet 2024	Shetland	SCO2186	2
200 Backstroke	2:49.03	2:51.00	348	26/02/23	SSF Heart of the Community Meet 2023	Shetland	SCO1985	2
200 Individual Medley	2:44.42	2:46.80	407	19/11/23	Shetland GTS Winter Meet 2023	Shetland	SCO2093	3
400 Individual Medley	5:55.08	6:00.00	387	19/11/22	GTS Winter Meet 2022	Lerwick	SCO1945	2
100 Individual Medley	1:19.76	1:19.80	355	06/03/22	The A9 Partnership Shetland Sprints 2022	Clickimin	SCO1855	2