

Individual Best Times (All Time)

Thomas Coleman - (1307573) - Hastings Seagull SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.86	27.10	422	25/02/24	Sussex County ASA County Championships	Crawley	SE240244	1
100 Freestyle	1:01.50	1:00.10	442	24/02/24	Sussex County ASA County Championships	Crawley	SE240244	1
200 Freestyle	2:20.13	2:17.60	385	24/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3
400 Freestyle	4:49.79	4:44.90	437	25/02/24	Sussex County ASA County Championships	Crawley	SE240244	1
800 Freestyle	9:56.25	9:46.50	435	17/02/24	Sussex County ASA County Championships	Crawley	SE240242	1
1500 Freestyle	18:57.26	18:39.00	449	28/01/24	Sussex County ASA County Championships	Crawley	SE240241	1
50 Breaststroke	49.41	48.80	144	25/09/21	Crawley SC Lis Hartley L3 Crawley LC Open Meet 21	Crawley	SE210491	3
100 Breaststroke	1:48.61	1:47.40	143	23/02/20	Sussex County ASA Champs and Age Group Comp	Crawley	SE200450	1
200 Breaststroke	3:47.43	3:45.10	167	23/02/20	Sussex County ASA Champs and Age Group Comp	Crawley	SE200450	1
50 Butterfly	31.81	31.20	343	07/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley	SE240321	1
100 Butterfly	1:11.74	1:10.70	327	07/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley	SE240321	1
200 Butterfly	2:40.22	2:38.20	326	07/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley	SE240321	1
50 Backstroke	38.84	38.30	222	24/09/22	Lis Hartley L3 Open Meet Crawley 2022	K2 Crawley	SE221387	3
100 Backstroke	1:13.41	1:12.30	347	06/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley	SE240321	1
200 Backstroke	2:41.98	2:39.90	329	24/02/24	Sussex County ASA County Championships	Crawley	SE240244	1
200 Individual Medley	2:55.66	2:53.40	273	25/09/22	Lis Hartley L3 Open Meet Crawley 2022	K2 Crawley	SE221387	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.96	27.70	418	14/01/24	Brighton SC Tom Handley Open Meet 2024	Prince Regent	SE240042	3
100 Freestyle	1:00.53	1:01.90	406	26/11/23	Atlantis SC Christmas Cracker 2023	Horsham	SE231038	3
200 Freestyle	2:12.67	2:15.30	420	20/05/24	Hastings Seagull SC Club Championships 2024	Hastings	SE240810	4
400 Freestyle	4:53.96	4:58.70	376	19/06/23	Hastings Seagull SC Club Champs	Summerfields	SE231022	4
800 Freestyle	9:50.24	10:00.00	423	20/11/23	Hastings Seagull SC Club Champs	Summerfields	SE231026	4
1500 Freestyle	18:57.47	19:15.50	412	06/11/23	Hastings Seagull SC Club Champs	Summerfields	SE231025	4
50 Breaststroke	40.52	41.30	233	06/11/23	Hastings Seagull SC Club Champs	Summerfields	SE231025	4
100 Breaststroke	1:42.88	1:44.10	155	27/09/21	Hastings Seagull SC Club Championships 2021	Hastings	SE210907	4
200 Breaststroke	3:03.45	3:06.30	281	14/01/24	Brighton SC Tom Handley Open Meet 2024	Prince Regent	SE240042	3
50 Butterfly	31.70	32.30	322	26/11/23	Atlantis SC Christmas Cracker 2023	Horsham	SE231038	3
100 Butterfly	1:11.43	1:12.50	299	25/11/23	Atlantis SC Christmas Cracker 2023	Horsham	SE231038	3
200 Butterfly	2:32.32	2:34.40	345	20/05/24	Hastings Seagull SC Club Championships 2024	Hastings	SE240810	4
50 Backstroke	33.80	34.40	279	20/11/23	Hastings Seagull SC Club Champs	Summerfields	SE231026	4
100 Backstroke	1:11.44	1:12.60	309	13/01/24	Brighton SC Tom Handley Open Meet 2024	Prince Regent	SE240042	3
200 Backstroke	2:32.91	2:35.10	329	10/06/24	Hastings Seagull SC Club Championships 2024	Hastings	SE240811	4
200 Individual Medley	2:32.83	2:35.40	369	13/01/24	Brighton SC Tom Handley Open Meet 2024	Prince Regent	SE240042	3
400 Individual Medley	6:05.62	6:10.40	264	10/10/22	Hastings Seagull SC Club Championships 2022	Hastings	SE220894	4
100 Individual Medley	1:14.92	1:14.90	284	19/06/23	Hastings Seagull SC Club Champs	Summerfields	SE231022	4