

Individual Best Times (All Time)

Lucas Jia He Guo - (1302664) - Enfield Swim Squad

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.79	31.10	284	28/01/24	2024 Middlesex County Championships	London	LR240186	1
50 Breaststroke	40.58	39.80	261	27/01/24	2024 Middlesex County Championships	London	LR240186	1
50 Butterfly	35.68	35.10	243	27/01/24	2024 Middlesex County Championships	London	LR240186	1
50 Backstroke	40.04	39.50	203	28/01/24	2024 Middlesex County Championships	London	LR240186	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.86	30.60	307	17/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	LR240293	3
100 Freestyle	1:22.79	1:23.80	158	18/12/22	Hillingdon SC Fast & Festive Winter Meet 2022	Hillingdon	LR222257	3
50 Breaststroke	38.00	38.80	283	25/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3
50 Butterfly	33.06	33.60	284	16/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	LR240293	3
50 Backstroke	36.74	37.30	217	16/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	LR240293	3
200 Individual Medley	2:53.74	2:56.00	251	17/03/24	Enfield SS Regional Qualifier Open Meet 2024	Enfield	LR240293	3
100 Individual Medley	1:20.30	1:20.30	231	26/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield	LR231603	3