

Individual Best Times (All Time)

Gracie Yates - (1302294) - Ramsbottom SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.99	29.30	487	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
100 Freestyle	1:06.86	1:05.60	462	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
200 Freestyle	2:26.15	2:23.80	460	31/03/24	Liverpool National Qualifier Meet 2024	Liverpool	NW240301	1
400 Freestyle	5:22.44	5:18.10	389	28/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
50 Breaststroke	40.03	39.20	386	30/03/24	Liverpool National Qualifier Meet 2024	Liverpool	NW240301	1
100 Breaststroke	1:27.64	1:26.20	391	28/04/24	SENW Regional Summer Championships 2024	Manchester	NW240305	1
200 Breaststroke	3:06.45	3:03.60	401	04/05/24	SENW Regional Summer Championships 2024	Manchester	NW240306	1
50 Butterfly	38.08	37.60	264	30/09/23	COMAST Arena Manchester Winter Regional Qualifier	Manchester	NW231963	3
50 Backstroke	49.90	49.50	155	19/12/21	City of Leeds Christmas Meet 2021	John Charles	NE210474	3
200 Individual Medley	2:54.08	2:51.80	380	16/12/23	City of Leeds Xmas Cracker Meet 2023	John Charles Aqu Cen	NE231008	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.01	29.70	493	22/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
100 Freestyle	1:04.76	1:06.00	467	22/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
200 Freestyle	2:22.91	2:25.30	459	23/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
400 Freestyle	5:15.22	5:19.60	395	02/12/23	Bolton Metro SS Christmas Countdown 2023	Bolton	NW232353	3
50 Breaststroke	37.86	38.70	420	23/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
100 Breaststroke	1:23.25	1:24.80	420	22/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
200 Breaststroke	3:02.36	3:05.20	401	23/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
50 Butterfly	33.48	34.00	386	22/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
50 Backstroke	35.58	36.10	357	23/06/24	Ramsbottom Summer Splash Meet 2024	Bury	NW240913	3
100 Backstroke	1:30.94	1:31.80	219	07/01/23	Ramsbottom Level 4 Meet January 2023	Ramsbottom	NW230356	4
200 Individual Medley	2:54.05	2:56.30	343	26/11/23	Ramsbottom Autumn Meet 2023	Bury	NW231875	3