

Individual Best Times (All Time)

Aubry Armada Bennett - (1301242) - Royal Tunbridge Wells Monson SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.01	29.30	338	10/07/22	Guildford City SC Long Course Summer Open Meet	Surrey Sport Park	SE221338	3
100 Freestyle	57.52	56.10	540	09/03/24	Kent County Championships 2024	Stratford	LR240211	1
200 Freestyle	2:08.21	2:05.50	503	24/03/24	Newham & UEL SC National Qualifier Open Meet 2024	Stratford	LR240111	1
400 Freestyle	4:26.41	4:21.10	563	24/03/24	Newham & UEL SC National Qualifier Open Meet 2024	Stratford	LR240111	1
800 Freestyle	9:09.39	8:58.80	557	27/01/24	Kent County Championships 2024	Crawley	LR240208	1
1500 Freestyle	18:33.93	18:15.30	478	28/01/23	Kent Swimming Championships 2023	Crawley	LR230201	1
50 Breaststroke	31.24	30.20	573	04/05/24	SE South East Region LC Championships 2024	High Wycombe	SE240686	1
100 Breaststroke	1:08.72	1:06.90	567	04/04/24	Open Portugal National Championships 2024	Coimbra, Portugal	GBR2319	1
200 Breaststroke	2:35.08	2:31.60	529	06/05/24	SE South East Region LC Championships 2024	High Wycombe	SE240686	1
50 Butterfly	28.29	27.60	487	09/03/24	Kent County Championships 2024	Stratford	LR240211	1
100 Butterfly	1:04.24	1:03.00	456	14/05/23	SE South East Region Summer Championships 2023	Winchester	SE230800	1
200 Butterfly	2:17.06	2:14.70	521	05/08/23	Swim England National Summer Meet 2023	Sheffield	ENG028	1
50 Backstroke	30.10	29.40	478	26/02/23	Kent Swimming Championships 2023	Stratford	LR230204	1
100 Backstroke	1:06.23	1:05.00	472	10/02/24	Kent County Championships 2024	Stratford	LR240210	1
200 Backstroke	2:26.98	2:24.70	441	12/03/23	Wycombe LC Premier Meet 2023	High Wycombe	SE230318	1
200 Individual Medley	2:18.42	2:15.50	558	06/05/24	SE South East Region LC Championships 2024	High Wycombe	SE240686	1
400 Individual Medley	4:58.18	4:52.20	537	02/08/23	Swim England National Summer Meet 2023	Sheffield	ENG028	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.87	26.70	473	25/11/23	RTW Monson Club Championships 2023	Tunbridge Wells	SE232486	4
100 Freestyle	56.96	58.40	487	03/12/23	RTW Monson Club Championships 2023	Tunbridge Wells	SE232487	4
200 Freestyle	2:03.75	2:06.50	517	26/11/23	RTW Monson Club Championships 2023	Tunbridge Wells	SE232486	4
400 Freestyle	4:23.94	4:29.20	520	02/12/23	RTW Monson Club Championships 2023	Tunbridge Wells	SE232487	4
800 Freestyle	8:54.62	9:05.30	570	14/11/23	RTW Monson Club Champs 2023 â€” Long Distance	Tonbridge	SE232488	3
1500 Freestyle	18:24.95	18:43.50	450	15/11/22	RTW Monson SC Club Championships 2022	Tonbridge	SE222244	3
50 Breaststroke	30.43	31.40	551	15/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
100 Breaststroke	1:06.57	1:08.40	572	16/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
200 Breaststroke	2:28.94	2:32.40	525	02/12/23	RTW Monson Club Championships 2023	Tunbridge Wells	SE232487	4
50 Butterfly	27.89	28.60	474	21/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3
100 Butterfly	1:02.20	1:03.40	453	22/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3
200 Butterfly	2:16.51	2:18.80	479	05/11/23	SE South East Regional Winter Championships 2023	Winchester	SE232053	2
50 Backstroke	29.87	30.50	405	19/11/22	Guildford City SC Level 2 Winter Open	Guildford	SE220865	2
100 Backstroke	1:05.00	1:06.20	411	02/12/23	RTW Monson Club Championships 2023	Tunbridge Wells	SE232487	4
200 Backstroke	2:18.52	2:20.90	443	25/11/23	RTW Monson Club Championships 2023	Tunbridge Wells	SE232486	4
200 Individual Medley	2:16.22	2:19.10	521	22/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3
400 Individual Medley	4:51.28	4:57.20	523	04/11/23	SE South East Regional Winter Championships 2023	Winchester	SE232053	2
100 Individual Medley	1:02.77	1:02.80	483	04/11/23	SE South East Regional Winter Championships 2023	Winchester	SE232053	2