

# Individual Best Times (All Time)

Jonah Turnbull - (1299659) - Midlothian SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.03	25.20	518	14/07/23	Scottish Summer Meet	Aberdeen	SCO2055	1
100 Freestyle	54.92	53.40	621	12/05/24	Edinburgh Long Course Time Trials 2024	Edinburgh	SCO2190	1
200 Freestyle	2:03.94	2:01.10	557	12/05/24	Edinburgh Long Course Time Trials 2024	Edinburgh	SCO2190	1
400 Freestyle	4:41.70	4:36.70	476	16/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
50 Breaststroke	42.93	42.20	220	28/04/19	East District Long Course Time Trials	Royal Commonwealth	SCO1646	1
100 Breaststroke	1:20.58	1:19.00	351	26/03/22	East District Age Group Champs	East District	SCO1869	1
50 Butterfly	27.57	26.90	527	23/01/23	East District Age Groups	Scotland	SCO1979	1
100 Butterfly	1:02.27	1:01.00	500	17/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
200 Butterfly	2:29.18	2:27.00	404	23/01/23	East District Age Groups	Scotland	SCO1979	1
50 Backstroke	30.01	29.30	483	04/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Backstroke	1:05.44	1:04.20	490	10/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
200 Backstroke	2:19.36	2:17.00	517	12/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
200 Individual Medley	2:22.90	2:20.10	507	27/03/22	East District Age Group Champs	East District	SCO1869	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.37	26.20	501	10/06/23	Warrender End of Season SC Meet	Glenrothes	SCO2045	2
100 Freestyle	55.36	56.80	531	07/10/23	Hearts Premier Age Group Meet 2023	Michael Woods Centre	SCO2112	2
200 Freestyle	2:07.12	2:09.80	477	19/02/22	East District Round 2	Xcite Bathgate	SCO1850	2
400 Freestyle	4:24.93	4:30.20	514	25/02/24	Midlothian Spring Meet 2024	East Lothian	SCO2154	2
50 Breaststroke	35.92	36.80	335	05/03/22	Midlothian Spring Meet	Midlothian	SCO1873	2
100 Breaststroke	1:26.86	1:28.30	257	14/11/20	Tighinn Comhla	Various - Round 1	LXX005	0
200 Breaststroke	3:04.60	3:07.40	275	18/01/20	East District Age Groups Round 3	Michael Woods Centre	SCO1773	2
50 Butterfly	27.26	27.90	507	08/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
100 Butterfly	1:00.21	1:01.50	499	10/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
200 Butterfly	2:25.30	2:27.50	397	20/02/22	East District Round 2	Xcite Bathgate	SCO1850	2
50 Backstroke	29.61	30.30	416	02/12/23	Tranent Xmas Gala 2023	Mercat Gait Centre	SCO2108	3
100 Backstroke	1:02.45	1:03.70	463	25/02/24	Midlothian Spring Meet 2024	East Lothian	SCO2154	2
200 Backstroke	2:19.59	2:22.00	433	20/02/22	East District Round 2	Xcite Bathgate	SCO1850	2
200 Individual Medley	2:40.38	2:42.80	319	28/11/20	East District	Various Round 2	LXX003	0
100 Individual Medley	1:14.47	1:14.50	289	14/11/20	Tighinn Comhla	Various - Round 1	LXX005	0