

Individual Best Times (All Time)

Alice Finlay - (1297320) - Musselburgh ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.26	29.60	474	11/05/24	ARENA Manchester Open Meet 2024	Manchester	NW240840	1
100 Freestyle	1:07.78	1:06.50	444	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
200 Freestyle	2:46.78	2:44.70	309	16/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
50 Breaststroke	43.45	42.70	302	04/02/24	East District Age Groups 2024	Edinburgh	SCO2149	1
100 Breaststroke	1:41.63	1:40.40	251	27/03/22	East District Age Group Champs	East District	SCO1869	1
50 Butterfly	32.34	31.70	431	29/06/24	2024 Scottish National Open Swimming Championships	Edinburgh	SS241309	1
100 Butterfly	1:14.88	1:13.90	406	16/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
50 Backstroke	32.65	32.00	556	13/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
100 Backstroke	1:14.49	1:13.40	455	16/03/24	East District Age Group Champs R3 2024	Edinburgh	SCO2168	1
200 Backstroke	3:00.19	2:58.30	319	18/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
200 Individual Medley	2:59.70	2:57.50	345	26/03/22	East District Age Group Champs	East District	SCO1869	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.16	30.80	439	26/05/24	Haddington Total Swimmer Meet 2024	Mercat Gait	SCO2198	2
100 Freestyle	1:08.75	1:10.00	390	02/12/23	Tranent Xmas Gala 2023	Mercat Gait Centre	SCO2108	3
200 Freestyle	3:02.88	3:04.80	219	29/02/20	Midlothian Spring Meet	Prestonpans	SCO1809	1
400 Freestyle	6:41.77	6:45.30	190	15/09/19	Haddington 100s Meet	Mercat Gait	SCO1730	2
800 Freestyle	11:25.32	11:33.70	338	08/10/22	2022 Swim West Lothian Distance Meet	Bathgate	SCO1967	2
50 Breaststroke	39.83	40.60	361	26/05/24	Haddington Total Swimmer Meet 2024	Mercat Gait	SCO2198	2
100 Breaststroke	1:36.97	1:38.30	265	05/02/23	ELST Age Group Meet 2023	Prestonpans	SCO1978	2
200 Breaststroke	3:43.69	3:46.00	217	26/01/20	ELST Age Group Meet 2020	Mercat Gait	SCO1775	2
50 Butterfly	31.87	32.50	447	02/03/24	Bellshill Sharks Winter Meet 2024	Bellshill	SCO2162	2
100 Butterfly	1:13.49	1:14.50	397	24/02/24	Hearts Fast February	Edinburgh	SCO2155	2
50 Backstroke	32.76	33.40	457	04/11/23	SASA North District Open Championships 2023	Aberdeen	SCO2083	2
100 Backstroke	1:14.88	1:15.90	393	07/10/23	Hearts Premier Age Group Meet 2023	Michael Woods Centre	SCO2077	3
200 Backstroke	3:15.10	3:16.80	226	08/09/19	East Lothian Championships 2019	Mercat Gait Centre	SCO1699	2
200 Individual Medley	2:38.78	2:41.20	452	26/05/24	Haddington Total Swimmer Meet 2024	Mercat Gait	SCO2198	2
400 Individual Medley	7:06.67	7:10.80	223	26/01/20	ELST Age Group Meet 2020	Mercat Gait	SCO1775	2
100 Individual Medley	1:12.90	1:12.90	465	26/05/24	Haddington Total Swimmer Meet 2024	Mercat Gait	SCO2198	2