

# Individual Best Times (All Time)

Scarlett Laver - (1296230) - Edlington SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.18	31.50	394	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Freestyle	1:09.48	1:08.30	412	10/03/19	Tean Jorvik Spring Festival 2019	Leeds	NE190333	3
200 Freestyle	2:29.04	2:26.70	434	10/03/19	Tean Jorvik Spring Festival 2019	Leeds	NE190333	3
50 Butterfly	36.59	36.10	297	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Butterfly	1:24.28	1:23.40	285	10/03/19	Tean Jorvik Spring Festival 2019	Leeds	NE190333	3
50 Backstroke	38.27	37.70	345	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Backstroke	1:18.61	1:17.60	387	10/03/19	Tean Jorvik Spring Festival 2019	Leeds	NE190333	3
200 Individual Medley	2:53.33	2:51.00	385	10/03/19	Tean Jorvik Spring Festival 2019	Leeds	NE190333	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.75	31.40	414	03/11/20	Edlington SC	Dearne Valley LC	LEX455	0
100 Freestyle	1:06.23	1:07.50	436	06/07/19	Kingston upon Hull Regional Qualifier 2019	Ennerdale LC	NE192078	3
200 Freestyle	2:17.96	2:20.50	511	06/07/19	Kingston upon Hull Regional Qualifier 2019	Ennerdale LC	NE192078	3
400 Freestyle	4:51.13	4:55.90	501	15/06/19	Harrogate Summer A Grade Meet	Harrogate	NE190473	3
800 Freestyle	10:19.08	10:28.40	458	15/12/19	Doncaster Dartes Distance Trials 2019	Adwick	NE193030	4
1500 Freestyle	20:05.81	20:22.80	427	18/11/18	Doncaster Dartes Distance Trials	Adwick	NE182247	4
50 Breaststroke	43.93	44.60	269	03/11/20	Edlington SC	Dearne Valley LC	LEX455	0
100 Breaststroke	1:36.52	1:37.80	269	08/10/18	Doncaster Individual Mets Championships	Adwick	NE181876	3
200 Breaststroke	3:24.56	3:27.10	284	02/07/17	End of Season Short Course Meet	Hull	NE171669	3
50 Butterfly	33.87	34.40	372	01/03/20	Doncaster Dartes March Sprints	Adwick	NE200300	3
100 Butterfly	1:19.37	1:20.30	315	09/10/18	Doncaster Individual Mets Championships	Adwick	NE181876	3
200 Butterfly	2:57.29	2:59.10	307	05/01/19	HARROGATE JANUS A & B GRADE MEET	HARROGATE	NE190225	3
50 Backstroke	34.99	35.60	375	01/03/20	Doncaster Dartes March Sprints	Adwick	NE200300	3
100 Backstroke	1:14.12	1:15.20	406	16/06/19	Harrogate Summer A Grade Meet	Harrogate	NE190473	3
200 Backstroke	2:34.58	2:36.70	455	16/06/18	Harrogate Summer A Grade Meet	Harrogate	NE180138	3
200 Individual Medley	2:45.05	2:47.40	402	06/07/19	Kingston upon Hull Regional Qualifier 2019	Ennerdale LC	NE192078	3
400 Individual Medley	5:57.86	6:02.70	378	15/07/18	Rotherham Metro A & B Grade SC	Sheffield	NE180245	3
100 Individual Medley	1:16.51	1:16.50	402	01/03/20	Doncaster Dartes March Sprints	Adwick	NE200300	3