

Individual Best Times (All Time)

Grace Clarke - (1295621) - Cinderford & District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.89	30.20	446	31/01/22	Gloucester County Championships 2022	Hengrove LC	SW220074	1
100 Freestyle	1:09.98	1:08.80	403	16/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230117	1
200 Freestyle	2:36.06	2:33.80	378	18/01/20	Gloucester County Championships	Hengrove, Bristol	SW200241	1
50 Breaststroke	40.13	39.30	383	19/01/20	Gloucester County Championships	Hengrove, Bristol	SW200241	1
100 Breaststroke	1:32.42	1:31.00	334	11/05/19	ASA SWR Summer Championships	Bristol	SW190489	1
200 Breaststroke	3:18.63	3:15.90	332	02/02/22	Gloucester County Champions 2022 Finals	Hengrove LC	SW220714	1
50 Butterfly	34.66	34.10	350	02/02/22	Gloucester County Champions 2022 Finals	Hengrove LC	SW220714	1
100 Butterfly	1:30.42	1:29.60	231	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230116	1
50 Backstroke	42.64	42.20	249	08/04/18	City of Bristol International Open Meet	Hengrove Park	SW180691	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.10	30.80	442	18/09/22	Gloucester City SC Autumn Level 3 Sprint Meet	Gloucester	SW221389	3
100 Freestyle	1:07.43	1:08.70	413	23/01/20	Gloucester County Championships	Gloucester	SW200243	2
200 Freestyle	2:30.51	2:32.80	393	20/10/19	Gloucester City Autumn Level 23 Meet	GL1 Leisure Centre	SW192557	2
50 Breaststroke	39.48	40.30	371	24/11/19	BCLSC Low Level 4 Invitational Meet	Gloucester	SW193131	4
100 Breaststroke	1:26.61	1:28.10	373	22/01/20	Gloucester County Championships	Gloucester	SW200243	2
200 Breaststroke	3:08.70	3:11.50	362	21/01/20	Gloucester County Championships	Gloucester	SW200242	2
50 Butterfly	34.00	34.60	368	16/10/22	Gloucester City Swimming Club L2 Autumn Open Meet	Gloucester	SW221561	2
100 Butterfly	1:20.02	1:21.00	308	12/11/21	Cinderford & District SC Club Championships 2021	Cinderford	SW210703	4
50 Backstroke	38.13	38.70	290	24/09/23	Gloucester City SC Autumn Level 3 Sprint Meet 2023	Gloucester	SW231616	3
100 Backstroke	1:22.33	1:23.30	296	03/07/22	Gloucester City Swimming Club Summer L3 Open Meet	Gloucester	SW220614	3
200 Backstroke	2:54.88	2:56.80	314	28/05/23	Southwold ASC May L3 Meet 2023	Gloucester	SW230625	3
200 Individual Medley	2:53.70	2:56.00	345	20/03/22	Gloucester City SC Spring Level 3 Open Meet	Gloucester	SW220258	3
100 Individual Medley	1:18.11	1:18.10	378	18/09/22	Gloucester City SC Autumn Level 3 Sprint Meet	Gloucester	SW221389	3