

Individual Best Times (All Time)

David Smurawa - (1294052) - Rykneld SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.61	27.90	390	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Freestyle	1:01.95	1:00.60	432	04/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
200 Freestyle	2:19.00	2:16.50	395	11/02/24	Derbyshire ASA County Championships 2024	Derby	EM240092	1
400 Freestyle	5:04.63	5:00.00	377	01/07/23	City of Coventry SC Graham Sykes Open Meet 2023	Coventry	WM230314	3
1500 Freestyle	20:13.61	19:56.50	369	04/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
50 Breaststroke	39.13	38.30	291	11/02/24	Derbyshire ASA County Championships 2024	Derby	EM240092	1
100 Breaststroke	1:26.37	1:24.90	285	03/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
200 Breaststroke	3:25.42	3:22.80	227	05/02/23	Derbyshire ASA County Championships 2023	Derby	EM230181	1
50 Butterfly	31.46	30.90	354	10/02/24	Derbyshire ASA County Championships 2024	Derby	EM240092	1
100 Butterfly	1:14.60	1:13.60	291	21/01/24	Team Jorvik New Year Festival 2024	Leeds	NE240003	3
200 Butterfly	2:39.10	2:37.10	333	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
50 Backstroke	35.80	35.20	284	03/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
100 Backstroke	1:18.37	1:17.30	285	04/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
200 Individual Medley	2:42.66	2:40.20	344	03/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
400 Individual Medley	6:03.57	5:58.70	296	22/04/23	East Midlands Regional LC Championships 2023	Corby	EM230741	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.85	28.60	379	16/06/24	Retford SC 29th Annual Open Meet 2024	Sheffield	EM240918	3
100 Freestyle	1:00.84	1:02.20	400	28/04/24	Etwall Eagles Spring Short Course Sprints 2024	Matlock	EM240657	4
200 Freestyle	2:09.79	2:12.40	448	16/06/24	Retford SC 29th Annual Open Meet 2024	Sheffield	EM240918	3
400 Freestyle	4:49.38	4:54.20	394	07/04/24	Chesterfield SC Spring Meet 2024	Matlock	EM240389	3
1500 Freestyle	19:33.98	19:51.40	375	07/10/23	Derbyshire ASA County SC Champs 2023 Distance Day	Repton	EM231374	3
50 Breaststroke	37.42	38.30	296	06/04/24	Chesterfield SC Spring Meet 2024	Matlock	EM240389	3
100 Breaststroke	1:18.98	1:20.60	342	16/06/24	Retford SC 29th Annual Open Meet 2024	Sheffield	EM240918	3
200 Breaststroke	3:07.28	3:10.10	264	01/10/23	Derbyshire ASA County SC Championships 2023	Matlock	EM231373	2
50 Butterfly	30.23	30.90	372	16/06/24	Retford SC 29th Annual Open Meet 2024	Sheffield	EM240918	3
100 Butterfly	1:09.26	1:10.30	328	16/06/24	Retford SC 29th Annual Open Meet 2024	Sheffield	EM240918	3
200 Butterfly	2:45.54	2:47.40	268	07/04/24	Chesterfield SC Spring Meet 2024	Matlock	EM240389	3
50 Backstroke	34.04	34.60	274	28/04/24	Etwall Eagles Spring Short Course Sprints 2024	Matlock	EM240657	4
100 Backstroke	1:11.82	1:12.90	304	28/04/24	Etwall Eagles Spring Short Course Sprints 2024	Matlock	EM240657	4
200 Individual Medley	2:29.01	2:31.60	398	16/06/24	Retford SC 29th Annual Open Meet 2024	Sheffield	EM240918	3
400 Individual Medley	6:17.36	6:22.00	240	20/11/22	Buxton 1st Autumn Open Meet	Matlock	EM221761	3
100 Individual Medley	1:11.78	1:11.80	323	28/04/24	Etwall Eagles Spring Short Course Sprints 2024	Matlock	EM240657	4